

HAMPTON BAYS PUBLIC LIBRARY



bridge to life long learning



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A Message from the Director

On August 11, voters approved the proposed 2016 operating budget of the Hampton Bays Public Library by a vote of 202 yes to 48 no. This budget will take effect January 1, 2016. The Board of Trustees, Director and Staff would like to thank all who came out to vote and for supporting your community library.

As summer comes to an end it's time to prepare for the coming school year. Parents, did you know that there is free online Homework Help for grades K-12, including Spanish-Speaking Support? Check it out at www.live-brary.com/brainfuse. Visit the children's or teen department for a tutorial. Brainfuse also offers an Adult Learning Center with resume writing, citizenship prep, MS Office Essential Skills Series, and a Foreign Language Center! All you need is your library card barcode to access these and a host of other free online resources.

September is Library Card Sign-up Month! A library card is the coolest card you can carry and the best back to school tool you can give your child. Apply at the circulation desk; please bring ID and proof of residency.

On Saturday, September 26 the Gould Family will host a reception in the library at 5:30 pm in honor of Helen Gould who passed away last April. Helen was a long time resident, patron, and supporter of the library. Helen volunteered at the library for decades and served on the Board for nine years, the last two as Board President. All are welcome to attend.



*The authors & chairwoman
Carol Mitchell*

On Tuesday, July 14, the Friends of the Hampton Bays Library hosted an author's luncheon at Oakland's Restaurant featuring Meg Wolitzer and Roger Rosenblatt. Each spoke about how writing became their passion and read excerpts from their most recent books, *The Interestings* and *The Book of Love* respectively. By all accounts, a good time was had by all and many guests asked when the next luncheon will be! From the co-chairs: "Look and listen for future announcements."

Sincerely,
Susan LaVista, Library Director



Mission Statement

The Hampton Bays Library serves our community by providing educational, cultural and recreational resources for life long learning.

News from The Children's Room



Fall Weekly Programs

Brand new Weeklies for the Fall Session! Program dates are noted below. **Registration for this session begins Tuesday, September 1 and is ongoing through this session. Each child must have his/her own HBPL library card in order to register.**

Bilingual Listen & Learn (Cuentos con Rosa)

Mondays, October 5, 12, 19, 26; 12:00-12:30 pm

Birth – age 5 with adult. Join Miss Rosa for a bilingual storytime and fun filled learning with flashcards, props and toys.

Twinkle Twinkle Little Toes

Tuesdays, September 15, 22, 29;

October 6, 13; 11:30 am-12:30 pm

Ages birth and up. Parents and children birth and up, join Miss Jenn for stories, songs and crafts.

Gleeful Listen & Play

Wednesdays, September 16, 23, 30;

October 7, 14; 10:30-11:30 am

Birth – age 2 with adult. Little ones will happily gain early literacy skills listening to stories and develop motor and social skills through playtime and zen activities too. Grown-ups can take this time to make new friends as well!

No Limit.



Mindful Learn & Play

Thursdays, September 17, 24;

October 1, 8, 15; 11:30 am-1:00 pm

Ages 3 – 5, independent. Transforming learning and play into an art that educates the whole child, this program will instill mindful techniques in pre-schoolers through age-appropriate meditation, yoga and amazing play. Learning opportunities presented through alternative educational philosophies will provide a basis for developing literacy skills, socialization and self-esteem. This program will also serve as an outlet for creativity through nature-inspired art and craft work. In each session children will work on a cumulative art project that will be brought home on the last day: Fall Session – My Peaceful Pond. **Limit of 15 children.**

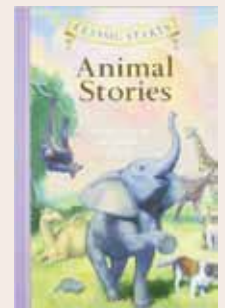
2 September/October 2015

Special Announcements

Raffle Baskets for the Fall In Love With the Shelter Animals Southampton Animal Shelter Benefit

Ongoing through September & October

Be sure to purchase raffle tickets for a chance to win beautiful hardcover, animal-themed **Classic Starts** books! Raffle tickets are \$3 each or four for \$10.



No Child Left Inside Programs

Too much time indoors with television, video games and computers can be harmful to our children. In the past you've joined us in the spirit of this nationwide movement called "No Child Left Inside" and met us at local parks, farms and art studios for storytimes and exploration time. This is where we will be meeting in the Fall:



Annual Apple Picking: Meet us at **7 Ponds Orchard** to pick delicious apples.

Location: 657 Ponds Rd, Water Mill, NY 11976

Friday, September 18; 12:00 noon
No Limit.

Annual Pumpkin Picking: Meet us at

Hank's Pumpkintown for pumpkins and more!

Location: 240 Montauk Hwy, Water Mill, NY 11976

Friday, October 16; 12:00 noon
No Limit.

Check our Blog for pictures of previous NCLI Program:

<http://hbaychildroom.blogspot.com/>



Special Programs:

Tween Time

Tuesdays & Thursdays @ 3:00 pm



- September 8: Old School Gaming
- September 10: Be Who You Want to Be
- September 15: Back to School Bingo
- September 17: DIY Funky Notebook Covers (bring your notebooks!)
- September 22: Let's Watch the Movie *Home* & Eat Snacks
- September 24: Be Who You Want to Be
- September 29: Shark Day!
- October 1: Paver Stone Jack-O-Lanterns
- October 6: *Smile* book group & fun activities
- October 8: Creepy Crawly Cupcakes
- October 13: Bow-Wow Bingo
- October 15: TED Talk Video & Debate
- October 20: Let's Watch the Movie of YOUR Choice
- October 22: TED Talk Video & Debate
- October 27: Make & Eat Cookie Monster Cookies
- October 29: Duct Tape Trick-or-Treat Bags

Parent/Child Zumbini

Fridays, September 4, 11, 18 & 25;
10:30-11:15 am

For children ages birth to 3 with adult.

Come join licensed Zumbini instructor Jenn for a Mommy & Me music and movement program. Designed to let you and your little ones wiggle, sing and learn together, the Zumbini program is where the science of child development meets the magic of Zumba. **Limit of 20 children.**

Please register beginning Tuesday, September 1.



Mommy & Me Bootcamp

Tuesdays, October 6, 13, 20 & 27;
10:30-11:15 am

For children ages 2 to 5 with adult.

Prenatal moms, postpartum moms and moms with older kids join us for a great workout with Bootcamp instructor Danielle Almansa! Bring a yoga mat, stroller or carrier and a towel.

Limit of 20 children in each session.

Please register beginning Tuesday, September 1.



Fall In Love With the Shelter Animals Southampton Animal Shelter Benefit Storytime

Friday, October 23; 3:30-4:00 pm

For children ages 3 and up.

Join us for a storytime in honor of the shelter animals. A \$10.00 donation per child is required to register which will be given to the Shelter. We will read *Mittens*, *Smudge* and other books by the famous cat illustrator/author Clare Turlay Newberry. We will also examine her book *Drawing a Cat* and then paint watercolor pictures of kittens. Each child



will receive their very own plush kitten to keep. **Limit of 20 children. Please register beginning Tuesday, September 1.**

Pom Pom Spiders

Wednesday, October 28; 11:30 am-12:15 pm

For children ages 3 to 5 with adult.

Hey preschooler! Join Miss Christine for some spooky fun and make your own Pom Pom Spiders. They'll be boo-tiful! **Limit of 15 children. Please register beginning Tuesday, September 1.**

Annual Halloween Parade

Friday, October 30; 3:30-4:30 pm

For families. Come to the library in costume for a Halloween story and parade your way through the building for tricks or treats!! **No Limit. Please register beginning Tuesday, September 1.**

Children must have their own Hampton Bays Library card to register for programs; please see the Circulation Desk for details.

Children under ten years of age may not be unaccompanied in the Children's Room; they MUST be with an adult.

Don't forget to check our Blog regularly for information on upcoming programs, links to great parenting, children's literature & children's craft blogs, book recommendations and pictures from our latest programs!

You can also find links to our Pinboards there too! <http://hbaychildroom.blogspot.com/>

September and October Events @ The Teen Community Center



September is FREE library card month! Stop by any time in September and receive a free library card. If you have never had a library card or just need a replacement card, now is your chance to get one. You must show picture ID in order to receive a new or replacement card.

Third Annual Fall In Love With the Shelter Animals Fundraising Events

The Teen Department is hosting a series of fundraising events to be held in September and October for the **Southampton Animal Shelter**. Their mission is to provide for the welfare of the ever growing number of homeless animals and, in turn, to place them in permanent caring homes. The Shelter is primarily dedicated to caring for the homeless animals in our community of twenty-two towns. They also rescue dogs from "kill shelters" from across the country and rehabilitate and find loving homes for adult dogs from puppy mills.



Sponsor a Shelter Animal

Tuesday, September 8 - Friday, October 16

Look through our binder and sign up to sponsor a shelter animal! Once you raise \$10, you will receive a ticket to our awesome party on Friday, October 16!

Bow Wow Bingo!

Tuesday, October 13 @ 3 pm

Be the first to yell **Bingo** at this animal-shelter-themed program and win a prize! Candy will be served.

2015 Battle of the Books team

Congratulations to the HBAY Battle of the Books team who participated in the BOTB competition on Saturday, August 1 at Stony Brook University. They worked hard all summer long. Team members included Bryan Carrillo, Kiera Hughes and siblings Alison and Dommy Pensa. Plus, Battle Coaches Theresa Owens and Christine Fitzgerald, and mascot Christian Pensa were there to cheer them on!



The "Tween Stars and the 80's Ladies"

4 September/October 2015

Southampton Animal Shelter Benefit: Fall In Love With the Shelter Animals!

Friday, October 16 from 7-10:30 pm

Fall In Love With the Shelter Animals by attending this fun party at the library. Choose any animal you want to sponsor by raising \$10 or more. This sponsorship will grant admission into our awesome benefit party! **For every \$10 raised, you will receive a raffle ticket** which you can put towards awesome prizes. The party includes a DJ, dessert, craft stations, prizes and more. PLUS a shelter animal will make an appearance at the library.

Southampton Animal Shelter Adopt-a-thon @ the Library

Saturday, October 17 from 11 am-1 pm

Join us on the front lawn of the library to see what wonderful animals are available for adoption. Win prizes too!



Celebration Party

@ the Southampton Animal Shelter

Sunday, October 18 from 1-3 pm

Attend this fun party and get a tour of the shelter, eat dessert, and find out how much the library raised for the shelter!

A BIG "Thank you" goes out to our sponsors who donated generous gifts for our summer reading program **Every Hero Has a Story @ The Hampton Bays Public Library**: 7-Eleven, American Eagle, Cowfish Restaurant, Dave & Buster's, E-Salon Day Spa, Edgewater Restaurant, Famous Footwear, Francesca's Pizzeria, Long Island Ducks, Rumba Restaurant and Skidmore's Sports & Styles. A special thank you goes out to the **Friends of the Library** for sponsoring several of our fantastic summer programs, including **Bugs, Frogs & Animals!**

NEW! Bring Your A Game!

Teens, we want to reward you for your excellent grades! Show us a test or a paper in which you received an **A** or a 100% (from the 2015-2016 school year) and YOU will be in the running for a gift card! Stop by the Teen Services Desk for more details.

See page 2 for
"Tween Time" schedule

New Programmer Spotlight

Please welcome our newest Teen programmer, Sheree M.C. Elder. Sheree will be presenting **Sing It!** on Monday, September 28. She is a composer, singer-songwriter, jingle writer and FM radio show host.



Ongoing Programs

Monday Gaming

Monday, September 14 @ 3 pm

Monday, October 19 @ 3 pm

Enjoy games and some healthy competition with your friends. You choose the games that you want to play!

5-Hour Pre-Licensing Class

Saturday, September 19 OR Saturday, October 10 from 10 am-3 pm

All Suffolk Auto School is coming to the library to help YOU gain the skills you need to pass your road test! **Please bring your NYS Learner's permit to class along with \$45 in cash.** No checks, please. Contact the Teen Services Dept. to sign up or for further details at 728-6241 X 120 or X 121.

NEW! Teen Movie Club

Wednesday, October 21 @ 4 pm

Join Library page & movie enthusiast, Ian, for this fun program. You will create your very own movie!



follow us on
twitter

September Programs

Old School Video Games

Tuesday, September 8 @ 3 pm

Learn all about old school video games! You will also get to play a few games on the original Nintendo Entertainment System, and win a Nintendo themed prize.

Super Smash Bros. Tournament

Wednesday, September 9 @ 3 pm



Fight for glory in the ultimate Smash Bros. competition! Face-off against friends in this action-packed

tournament for the chance to win some awesome prizes.

NEW! Back to School Cupcakes

Wednesday, September 16 @ 3 pm

Make three delicious cupcakes using fondant and butter cream.

NEW! Let's Watch Insurgent

Friday, September 25 @ 3 pm

Let's watch Insurgent and eat snacks!

NEW! Sing It!

Monday, September 28 @ 3 pm

If you're a musician, singer, songwriter, beat-boxer, or musical theater fan, this program is for you! If you are a fan of the TV show "The Sing Off", or the movie "Pitch Perfect," our new music program is calling YOUR name! Make some noise using your voice and have a great time!

NEW! Shark Day

Tuesday, September 29 @ 3 pm

Learn about facts & myths surrounding shark behavior and shark attacks! Plus, someone will win a shark themed prize.

October Programs

NEW! Life Skills Program: Healthy Pasta Dishes!

Friday, October 2 @ 3 pm

Teens with special needs will be paired with teen volunteers to learn how to make healthy pasta dishes. *Please note that this program is limited to 8 volunteers, and volunteers will receive 2 hours of community service credit for attending this program.*

NEW! Nail Art & Design

Wednesday, October 7 @ 3 pm

Paint your nails, learn how to do different designs, and hang-out with friends! Each attendee will get a goodie bag with a nail file, and nail polish.



Minecraft!

Friday, October 9 from 5-7 pm

Play Minecraft with your friends for two hours! Please call 631-728-6241 X 120 to sign up, as our limit is 12 teens. There is a \$5 fee for pizza and refreshments. Please note the new start time.

Owl Earrings

Wednesday, October 14 @ 3 pm

This program will be a hoot! Use owl charms and crystals to make a cute pair of earrings, perfect for fall. Your earrings could be silver or copper -- it's up to you.

Teen Manga Club

Friday, October 23 @ 3 pm

Join our awesome Manga Club! Japanese candy or snacks will be served.

HALLOWEEN PROGRAMS!

Glow-in-the-dark ghost necklaces

Monday, October 26 @ 3 pm

Use glow-in-the-dark polymer clay to sculpt a spooky ghost, then hang him on a chain to wear on your Halloween adventures!



Cookie Monster cookies

Tuesday, October 27 @ 3 pm

Take home three little edible monsters in a bakery box. *Limited to 8 teens in grades 7-12.

Pumpkin Painting

Wednesday, October 28 @ 3 pm

Join Tom after school and decorate a pumpkin, just in time for Halloween!

Duct Tape Trick-or-Treat Bags

Thursday, October 29 @ 3 pm

Make a trick-or-treat bag using duct tape.

Programs & Events

Adults

Special Programs:

Registration is required for all programs unless otherwise noted. Please register for all Adult Programs beginning Tuesday, August 25 at 10:00 am at the Circulation Desk. Telephone registration begins at 11:30 am. Registration requiring payment must take place in person. For programs during lunchtime, please feel free to bring a brown-bag lunch.



Hiking Long Island by Lee McAllister

Thursday, September 3, 7:00 pm

Lee McAllister is a naturalist, photographer and the author of two books on hiking. He will discuss the many hiking opportunities available on Long Island. Lee is active in scouting, blazing, and maintaining the 125 mile long Paumanok Path that runs from

Rocky Point to Montauk Point. The lecture encompasses the geology, history (natural and human), flora, fauna and topographical features that make Long Island such an interesting place to hike in any season. **Light Refreshments.**

Jazz: The First American Art Form with Craig Boyd

Sunday, September 20, 2:00 pm

Join Craig Boyd (some of you will remember him as Hampton Bays' own "Disco Cop") as he examines Jazz Music from conception to the present. Craig will piece together major events in African, European and American sociopolitical history that spawned the seeds of this unique American Art form, through the study of rhythm developments, important historical dates, social and political trends, instrumentation, improvisational techniques, listening analysis of musical forms and genres.



Memoirs & Boudoirs starring Dorothy Leeds

Thursday, September 24, 7:00-8:30 pm

Imagine a world before the Internet, Smartphones, Facebook, Skype, Twitter, and Selfies. What did people do? They wrote lengthy letters, kept detail-filled diaries, and penned juicy memoirs. *Memoirs & Boudoirs* is a fast-paced, funny, entertaining one-woman show in the format of a time-traveling magazine-style television program, a play of gossip, rumors, scandals, love and hate through the ages.



Eddie & Jean Costello's Trash or Treasure

ANTIQUES ROADSHOW *Free Appraisals & Lecture

Saturday, September 26, 1:00-3:00 pm

Back by popular demand! Do you have something that is old, unusual, and even bizarre? How many times have you thought that maybe it has some value, or may even be very valuable? Then this is the program for you. Your treasure might even win you an award for "most unique antique or collectible" of the show! *Free appraisal of any ONE item. No coins, bills or stamps. **You MUST register for this event. Limited registration.**



Extreme Design Makeover with Jacqui Palatnik

Thursday, October 8, 6:45-8:30 pm

Join Interior Designer Jacqui Palatnik who will share with you ideas and concepts about re-doing and sprucing up your home. She will focus on color, space planning, wall covering, flooring, lighting and accessories. There will be visual material as well as a powerpoint presentation and hand-outs. Please come with questions about your existing space.



Long Island's Most Haunted Mansions

Wednesday, October 14, 7:00-8:30 pm

Are some of Long Island's mansions haunted? Join historian, parapsychologist, and best-selling author Monica Randall as she shares some true stories of spectral beings who sometimes show up on film and make their ethereal voices heard during the night. Learn about some of Long Island's most intriguing manor houses with their labyrinths of secret passage ways, hidden chambers, deserted tunnels and the mysterious events that surround them. This program is filled with plenty of hard scientific facts, suspense, and practical lore.



Drawing Explorations Series with Andrea Cote

Saturday, October 17, 24; 1:00-3:00 pm

Join Andrea Cote, a local multi-disciplinary artist, for this fun, intensive class, where students will explore various approaches to drawing and working with different media and methods, both abstractly and figuratively. This fast-paced class is great for both experienced artists and absolute beginners. You will acquire new skills and tune into the creative process. Materials will be provided. **Limited registration. This program is sponsored in memoriam by the friends and family of Margaret Stephens.**



Frank Sinatra's 100th Birthday Celebration!

Sunday, October 18, 2:00 pm

Join us for a musical tribute to Frank Sinatra with renowned tribute artist Jerry Cardone, who celebrates the work and the life of a man who has captivated us like no other. Jerry has performed for Mayor Guiliani, Mayor Koch, Michael Douglas, Tony Randall and Hillary Clinton. Jerry's quest is to keep the beautiful music of "Ol' Blue Eyes" alive. A marvelous treat awaits you as he fills your heart with song. **This program is co-sponsored by the Friends of the Hampton Bays Public Library.**



Special Programs: (continued)



"Name That Tune" with Theresa Owens

Tuesday, October 20, 12:00-1:30 pm

Think that you know it all when it comes to music? Join our own Theresa Owens, Head of YA Services, for a fun-filled afternoon, where you can win prizes for correctly guessing songs, bands and music trivia!

Online Introductions: The New Blind Date with Constance Hallinan Lagan

Thursday, October 22, 7:00-8:30 pm

In the old days, single people often relied on friends and family to introduce them to potential partners. It was known as a "blind date." Today, the blind date is often replaced by online dating. What our friends and family often did for us in the past, the computer now does. Whether you have been online for years, in the "should I really do this?" phase, or somewhere in between, this seminar will provide you with information, caveats, step-by-step instruction and encouragement.



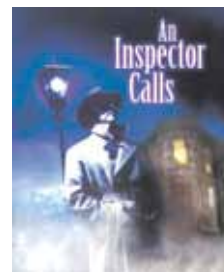
The Hampton Theatre Company Presents: *An Inspector Calls*

Dinner/Theater Package

Thursday, October 29, 5:00 pm: Dinner at 1 North

Steakhouse; 7:00 pm: Showtime at Quogue Community Hall

Enjoy a wonderful meal in the company of friends at 1 North Steakhouse in Hampton Bays, followed by the Hampton Theatre Company's production of *An Inspector Calls*, J.B. Priestley's classic thriller about a mysterious police inspector who appears out of the British fog to overturn a prosperous middle-class family's comfortable and complacent lives. **Cost is \$54.00; includes a three-course dinner, tax, tip, and theater ticket. Reservations and payment required by October 26.**



Special Programs in Honor of National Hispanic Heritage Month

National Hispanic Heritage Month runs from September 15 through October 15

Cuban Salsa Dance Class Series with Jaime Ruiz

Tuesday, September 22, 29; October 6, 13; 6:30-8:00 pm

Join us for a four-week course to learn the basics of Cuban Salsa, led by certified instructor Jaime Ruiz who trained at the famous Mangosta Academy in Chile. The objective of the course is to give you the skill and the confidence to get up on the dance floor and salsa. Impress your friends and have a blast! **Non-refundable payment of \$40.00 due at registration.**



The Passion and Joy of Latin Music with David Podles

Sunday, September 27, 2:00 pm



While taking you on a lively tour of Latin music, acclaimed International Concert Violinist David Podles covers the *Cha Cha*, *Tango*, *Samba*, *Merengue*, *Paso Doble*, *Mambo* and *Bolero* to Spanish Classical composers. Travel with him through Argentina, Brazil, Cuba, the Dominican Republic and across the Atlantic to Spain, where Latin music originated. Be prepared to have your senses dazzled, evoking the excitement of Latin music.

Herstory: *La Historia de Ella: A Memoir Writing Workshop for Spanish-Speaking Women*

Every Wednesday beginning October 21; 7:00-8:30 pm

Join Herstory Writers Workshop, *La historia de ella*, this Fall to write your story and become a part of an effort to take action with stories that break barriers and silence in order to change hearts, minds, and policy. All women are welcome, regardless of age or nationality, and no writing experience is necessary. Your story is important; write it and make it count. Sandra Dunn, a Herstory Workshop Facilitator, will conduct this class in Spanish only. **This program is sponsored by New York State Council of the Arts.**



Bus Trips

Please note: For the Bus Trips departing from The Church of St. Rosalie's it is requested that you park in the back rows, alongside Bishop Ryan Village.

"Do Your Own Thing" Bus Trip to NYC

Wednesday, September 16, October 7; Bus Leaves St. Rosalie's parking lot at 9:30 am sharp

Join us for a comfortable ride in an air-conditioned coach bus to see a show, visit a museum or just *do your own thing*. We will leave Bryant Park (42nd St. between 5th & 6th Avenues) at 6:00 pm sharp. Looking for something to do on the trip? Check out our FREE museum passes available in the Children's Room. **Non-refundable payment of \$25.00 is due at registration.**



Central Park Walking Tour

Wednesday, October 7, 2:00 pm. Meet at the corner of 60th Street and Fifth Avenue.



Join Sara Cedar Miller, the Central Park Conservancy Historian and Photographer (and Hampton Bays Resident) on a 1 1/2 hour walking tour of the southern

end of Central Park from 60th to 72nd Street. The park is a masterpiece weaving various formal, pastoral and picturesque landscapes—like the Pond, the Dairy, the Mall, Bethesda Terrace, and Strawberry Field—into a variety of visual experiences and fascinating stories of people and places from the early 19th century to the present. Drop off is at Bryant Park on the day of the "Do Your Own Thing" bus trip. Depart from Bryant Park at 6:00 pm. **Non-refundable tickets are \$40.00 each and include bus. Payment is due at registration.**

Cooking

You must have a ticket to attend and payment is not refundable. Classes begin on time. Please avoid arriving late.

Simply Creative's Harvest Apple Brownies with Chef Rob Saturday, October 24, 1:00-2:30 pm

Join Chef Rob as he demonstrates how to make these delicious and very dense apple brownies. You won't even miss the chocolate! Be sure to have vanilla ice cream ready for these brownies, when they come out of your oven. Everyone will go home with one dozen brownies ready to bake. You must bring 2 medium bowls and 1 rubber spatula. **\$7.00 materials fee.**



Crafts

*Registration is not required; no fee unless noted.
All levels welcome.*

Knitting with Arlene

Knitting with Arlene
Mondays, September 21, 28;
October 19, 26; 7:00-8:30 pm



Crochet with Amanda

Thursdays, September 17;
October 1, 29; 6:00-7:30 pm

Community Outreach

Registration is required; no fee.

Blood Drive

Monday, September 21, 1:00-7:00 pm

Anyone between the ages of 16 and 75, in good health, and weighing at least 110 lbs. can donate. Age 16 must have signed parent-permission form available at the front desk. Healthy patrons 76 and older need physician's note two weeks prior to blood drive. Walk-ins will be accepted, but registration is preferred.



Living with Osteoporosis: What Bone Density Means to You with Heidi Roppelt, MD

Thursday, October 1, 11:00 am-12:00 noon

Some 55% of people 50 years and older have osteoporosis, or reduced bone mass. Bones that have been weakened by this disease can fracture with even a minor accident. Heidi Roppelt, MD, a board-certified Rheumatologist on staff with Southampton Hospital and now practicing in Hampton Bays, will speak about how osteoporosis is diagnosed and the things that you can do to prevent this disease. Dr. Roppelt will also discuss the latest treatment options available. **This program is sponsored by the Community Outreach Department of Southampton Hospital.**



Health & Well-Being

Registration is required unless noted.

Mind-Body Workshop for Women's Cancer Survivors

**Thursday, October 15
10:00-12 noon**

Join Christine Taylor, Integrative Therapist & Health Educator, and Edyle O'Brien LCSW as they explore the connection between the mind and the body as it relates to healing and overall wellness. Learn simple exercises for relaxation and stress reduction that can easily be incorporated into your daily routine. **This program is sponsored by the Coalition for Women's Cancers at Southampton Hospital.**



Ellen's Well Support Group: Women's Breast & Gynecological Cancers

Every Tuesday* 11:30 am: Newly Diagnosed/Post Treatment; 2:00 pm: Metastatic/Recurrent

Ellen's Well is an initiative established by the Ellen Hermanson Foundation and administered by the Southampton Hospital Foundation to provide psychosocial support under the direction of Edyle O'Brien, an oncological social worker. **11:30-1:30 pm: Newly diagnosed/Post Treatment; 2:00-4:00 pm: Metastatic/Recurrence. *Please note:** Every 1st, 3rd, & 5th Tuesday at 4:00 pm is a Wellness Group for mindfulness-based stress reduction & meditation. **You MUST register via email or by phone: edylecsw@optonline.net / 631-329-0520.**



Southampton Hospital's Look Good Feel Better® Program

Tuesday, October 13, 1:00-3:00 pm

Look Good Feel Better is a **free program** from the American Cancer Society designed for women dealing with hair loss and skin changes from chemotherapy and radiation. You will learn **specific techniques** to help make the most of your appearance while undergoing treatment. You will also take home a **makeup package** valued at \$200. **Please call the American Cancer Society to register: 1-800-ACS-2345.**



Fall Films

No registration is required.

Friday Matinee @ the Library @ 2 pm

Coming in September & October: Despicable Me (2010, 95 min; PG) **The Second Best Exotic Marigold Hotel** (2015, 123 min; PG) **Unbroken** (2015, 138 min; PG-13) **Into the Woods** (2014, 125 min; PG) **Despicable Me 2** (2013, 98 min; PG) **Woman in Gold** (2015, 109 min; PG-13) **Selma** (2014, 128 min; PG-13) **Big Eyes** (2014, 105 min; PG-13) **Maleficent** (2014, 97 min; PG)



Ongoing Fitness Classes

Please dress comfortably and bring a mat or towel to all yoga classes. No registration is required, but there is a \$7.00 fee payable at the circulation desk before each class unless otherwise noted.* We request that you bring exact amount to help expedite signup. Thank you in advance.

Yoga for Everybody

Mondays, 5:45-6:45 pm; Wednesdays, 5:45-6:45 pm; Fridays, 5:30-6:30 pm

Stretch and tone with certified yoga instructor Andrea for fun and light Hatha and Kripalu-inspired classes.

Core Yoga with Sarah

Tuesdays, 10:30 am; Thursdays, 5:45-6:45 pm

This yoga class will help you build strength and increase flexibility; meditation and breath will also be explored. Core Yoga is a dynamic series of poses where breath is linked to movement. The class is moderately paced and set to music, and will invigorate your whole body!

Dance Fitness (Zumba® and La Blast®) with Kinga

Tuesdays, 5:30-6:30 pm

Dance Fitness with Kinga incorporates today's hottest fitness programs, Zumba® and LaBlast® to create a calorie-incinerating workout focused on weight loss and body toning, disguised as a dance party.

Vinyasa Flow Yoga with Peter Ames

Wednesdays, 10:30 am-12:00 pm; Saturdays, 10:00-11:30 am

Peter's class offers advanced stretches and poses. *Please note: this class is 1½ hours and there is a \$10 fee.

Zumba Gold

Wednesdays, 1:30-2:30 pm

Zumba Gold is the perfect workout routine for the beginner and the older, active person who enjoys music and dance. Please wear sneakers and bring water.

Gentle Chair Stretching for Everyone

Thursdays, 1:30-2:30 pm

Join Susan Semerade for guided stretches, exercises and simple yoga poses, primarily seated in a chair. This fun-filled hour includes breathing exercises, relaxation techniques and meditation. 20 years of teaching yoga has led her to focus on those individuals who are not able to get down onto the floor; she encourages seniors and the disabled to come to her classes.

Mat Pilates with Trish

Fridays, 10:30-11:30 am

Emphasis is on alignment and breathing, and improved coordination and balance. The key to mat Pilates is to focus on breathing. The exercises in mat Pilates focus on strengthening the muscles of the hips, back, abdominals, and glutes.

Zumba with Amanda

Fridays, 5:30-6:30 pm

Join certified instructor Amanda and see what all the fuss is about; every workout feels like a party! You don't even have to know how to dance, just move your body and follow her lead. Please wear sneakers with little or no tread and don't forget your water.

Literature Groups

No registration is required



Mystery Book Club

Thursday, September 10 & Thursday, October 8

at 11:00 am: At our September meeting we will celebrate the second anniversary of the Mystery Book Club! Come with a favorite mystery or mystery author and tell us why you enjoy your choice.

For our October meeting we will read works by two classical women writers: *The Singing Sands* by Josephine Tey and *A Man Lay Dead* by Ngaio Marsh.

Hampton Bays Library Book Club

Thursday, September 17, 7:00-8:00 pm: *The Boys in the Boat: the True Story of an American Team's Epic Journey to Win Gold at the 1936 Olympics* by Daniel Brown

Thursday, October 15, 7:00-8:00 pm: *Dead Wake: the Last Crossing of the Lusitania* by Eric Larson

Join fellow book lovers to discuss works of literature from all genres. All are welcome to our monthly meetings. Light refreshments served.

The History Book Club

Thursdays; September 3 & 17; October 1, 15 & 29; 10:00 am

The History Book Club meets on alternate Thursdays at 10:00 am. Contact the library for book or topic selections. All are welcome!

Monthly Poetry with the Poetry Rising Group

Saturday, September 12 & October 10; 1:00-3:00 pm

An informal poetry group facilitated by Beverly Livernoche meets the second Saturday of each month. Please share your original poems or prose, anything goes! "Inspiring, aspiring, motivating, fun, moving, and more..."

READ IT & EAT IT! Book Club:

Tuesday, October 6, 12:00-1:00 pm

This bi-monthly book club is for foodies who love to read cookbooks AND cook. All are welcome to bring a prepared dish from the chosen topic, and we will enjoy them while we meet.

This month's topic is "Autumn's Abundant Harvest."



Gaming

No registration is required; please note that all Gaming room assignments are subject to room availability.

Bridge

Sundays, Mondays & Wednesdays, 1:00 pm

Canasta

Mondays, 1:00 pm; Thursdays & Fridays, 10:00 am

Mah Jongg

Thursdays & Saturdays; 10:00 am

Smart Driver Course

Monday, September 14, 9:00 am-3:00 pm

Monday, October 5, 9:00 am-3:00 pm

The Hampton Bays Public Library will be offering a one-day driver safety course. The cost is currently \$20 for AARP cardholders and \$25 for non-cardholders. Please register at the circulation desk or call 728-6241/press 3 for more info.

One-on-One Genealogy Help

Thursdays, September 10 & 24; October 8 & 22; afternoon appointments at 1:00, 2:00, & 3:00 pm ; evening appointments at 6:00, 7:00, & 8:00 pm

Library patrons who would like help researching their ancestors using online resources including **Ancestry.com** can sign up for a one-hour session with Carol. You will get hints on how to start your research and a list of online resources that you can access at the library or from home. **When you schedule your first session, pick up a "Genealogy Introduction" form to fill out and bring with you when you start.**



Sección en Español

¡Ayuda en Español disponible en su Biblioteca!

Lunes de 10:00 am a 5:00 pm; martes, miércoles y jueves de 1:00 pm a 9:00 pm, viernes de 10:00 am a 5:00 pm

Para más información visite nuestro sitio web en español <http://hbay.suffolk.lib.ny.us/espanol.htm> o llame durante estas horas al número 728-6241 y pregunte por Vicky Cuccia o marque el numero 1 para dejar un mensaje.

Grupos de Conversación en Inglés

Nuestro NUEVO horario para las clases de inglés es el siguiente:



- **Lunes: 1:30-2:30 pm (principiantes)**
- **Martes: 1:30-2:30 pm y 7:30-9:00 pm (principiantes)**
- **Miércoles: 7:30-9:00 pm (principiantes)**
- **Jueves: 7:30-9:00 pm (medio-avanzado)**
- **Viernes: 1:30-2:30 pm (principiantes)**

¿Quiere aprender y practicar inglés en una atmósfera amigable y cómoda? ¡Entonces únase a nuestro grupo de clases de inglés gratis! Para más información llame a Vicky Cuccia 728-6241 ext. 112.

Aprenda un nuevo idioma GRATIS con su tarjeta válida de la Biblioteca Pública de Hampton Bays. Elija entre 80 idiomas que se imparten para 50 lenguas. Pronunciator también ofrece el mayor plan de estudios de ESL en el planeta, con cursos para 50 idiomas distintos al inglés. ¡Busque el enlace de



Pronunciator en nuestro sitio web y cree su cuenta Pronunciator hoy!

LearningExpress Library

Materiales de preparación de pruebas y exámenes de práctica interactivos que le ayudarán a mejorar sus puntuaciones académicas, el servicio civil, militar y de concesión de licencias y certificación de exámenes profesionales, incluyendo TASC, la prueba de sustitución de GED. ¡También Cursos en Español! Todo GRATIS con su tarjeta válida de la Biblioteca Pública de Hampton Bays. Para Recursos en Español (Este Centro ofrece práctica para mejorar las Habilidades Básicas, práctica para el examen de GED o práctica para Ser Ciudadano Estadounidense) por favor use este enlace: <http://www.learningexpresshub.com/recursos-para-hispanohablantes/home>

¡Nuevos Servicios Digitales en la Biblioteca!

¡Gratis con su Tarjeta de la Biblioteca!

¡NUEVO! ESL Básico en línea es un programa de aprendizaje del idioma Inglés que proporciona las herramientas necesarias para mejorar escuchar, hablar, leer y escribir en Inglés. Las lecciones de ESL Básico proveen a los estudiantes con una pronunciación en inglés de calidad y apoyo lingüístico en 19 lenguas.



Programas Especiales en Honor del Mes de la Hispanidad

Series Clases de Salsa Cubana con Jaime Ruiz

Martes, Septiembre 22, 29; Octubre 6, 13; 6:30-8:00 pm

Únase a nosotros para un curso de cuatro semanas para aprender los conceptos básicos de la salsa cubana, dirigidos por el instructor certificado Jaime Ruiz, que se formó en la famosa Academia Mangosta en Chile. El objetivo del curso es darle la habilidad y confianza para entrar a la pista de baile y bailar salsa. Impresione a sus amigos y diviértase! El costo no reembolsable es de \$40.00, a pagar en el momento de registrarse.



La Pasión y la Alegría de la Música Latina con David Podles Domingo, Septiembre 27, 2:00 pm

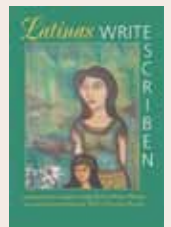
Mientras le llevamos por un vivo y animado recorrido de la música latina, aclamado e internacional Concierto Violinista David Podles, cubre el Cha Cha, Tango, Samba, Merengue, Paso Doble, Mambo y Bolero de compositores clásicos españoles. Viaje con él a través de Argentina, Brasil, Cuba, la República Dominicana y al otro lado del Atlántico, a España, donde se originó la música latina. Prepárese para deslumbrar sus sentidos, evocando la emoción de la música latina.



Herstory: La Historia de Ella: Un taller de escritura autobiográfica para mujeres hispanohablantes

Todos los miércoles comenzando Octubre 21; 7:00-8:30 pm

Unase al Taller de Escritura Herstory, *La historia de ella*, este otoño para escribir su historia y ser parte de un esfuerzo de tomar acción con las historias, romper barreras y silencios, y lograr cambiar mentes, corazones y leyes. Toda mujer es bienvenida, sin importar su edad o nacionalidad, y no necesita tener experiencia con la escritura. Su historia es importante, escríbala y hágala contar! Sandra Dunn, una facilitadora del taller de Herstory llevará a cabo esta clase sólo en español. **Este programa está patrocinado por New York State Council of the Arts.**



Technology

Registration for Classes and Book-A-Librarian is limited to Hampton Bays Library cardholders only. Please register for all technology programs beginning Tuesday, August 25 at 10:00 am at the Reference Desk. Registration for all Classes is limited to Hampton Bays Library cardholders.

Fall Daytime Classes

Registration is required. Must have a valid Hampton Bays Library card in good standing.

Computers 101

Wednesday, September 9, 10:30 am-12:00 pm

Face your technology fears with this free, very basic hands-on computer class where we will discuss the Windows desktop, using the mouse, opening programs, saving a file, creating a folder, locating documents, turning the computer on and shutting it down.

Internet & E-mail Basics

Thursday, September 10, 10:30 am-12:00 pm

In addition to creating your own personal e-mail account and discovering how to navigate through it in this free hands-on class, beginners will learn about search engines, what a link is, what a browser is, how to set your home page, and how to search the Internet to find exactly what you are looking for.

Preserve Your Pics Using Kodak Photo Scanner

Wednesday, September 16, 10:30-11:30 am

Join us in a mini lesson on how to scan and preserve the pictures of all your precious and irreplaceable memories. You will learn how to navigate our easy-to-use Kodak Photo Scanner so you can start digitally saving your albums on your own time. **Be sure to bring in a few pictures and a USB Flash drive to have a practice run!**

Publisher Proficiency

Wednesday, October 7, 10:30 am-12:00 pm

Come in and learn the basic principles of this amazing Microsoft Office software program in this free hands-on class. You will become familiar and feel confident with creating and designing your own publications from an array of templates that include flyers, invitations, advertisements, banners, brochures, business cards, and much more!

Pictures With Shutterfly

Thursday, October 15, 10:30 am-12:00 pm

Learn how to use this internet-based image publishing service in this free hands-on class to save, store, and share photos with family and friends while having the option to create photo books, personalize photo cards, stationery and much more! **Be sure you have a valid e-mail address before coming to class.**

Puzzled About Pinterest?

Thursday, October 22, 10:30 am-12:00 pm

Come find out exactly what Pinterest is and how it works in this free hands-on class. Discover and share new, fun and fresh ideas about all of your favorite hobbies and interests.

Tech Labs

**Thursday, September 17; Wednesday, September 23;
Thursday, October 8; Wednesday, October 14**

Are you working on a project with pictures, formatting a document, or creating greeting cards, flyers, or business cards? Or maybe you just need a little extra guidance in navigating your device, software, apps, or e-mail. Then these Tech Labs are designed for you! You will get free one-on-one help without the pressure of keeping up with the rest of the class. You choose the topic! **No registration required. First-come, first-served basis. Space is limited.**



Tutor Tech Help

Book-a-Librarian

Mondays at 10:00 am, 11:00 am & 12:00 pm by appointment

Do you have questions concerning technology? Book a free 45-minute appointment with Rita for one-on-one assistance with your new device or any of the following topics: Basic Computer • Basic Internet • E-mail • Microsoft Word, PowerPoint, Publisher, Excel • Smart phones & tablets • Apps • Digital Cameras & Photo Management • iPad • Kindle • Live-brary Free Downloads • Social Networking . . . and more! *Please note that device repair is not included.* **Appointments are required and are limited to Hampton Bays Library cardholders only.**

Drop-in Tech Help

Two evenings per week! Wednesday AND Thursday evenings from 5:00-9:00 pm

Need quick answers to tricky questions about your tech device (laptop, tablet, reader, phone, camera)? Free tech help is available on **Wednesdays and Thursdays from 5:00-9:00 pm** at the Reference Desk. No appointment is required. Please note that computer repair is not included. **No appointments required; open to all.**

Library News

September is Library Card Sign-up Month

New library cards are FREE; here's what you need to get one:

NEW RESIDENTS OF THE COMMUNITY Must provide two (2) items listed below including a photo ID. The library card will be mailed to the address and two items may be circulated that day.

FAMILY MEMBERS OF EXISTING PATRONS (in good standing), living in the same household, can apply for a library card and receive it the same day. Parents must sign and be present for dependent children under the age of twelve. Children twelve or older must produce school photo id.

ITEMS FROM THE FOLLOWING LIST WILL BE ACCEPTED AS PROOF OF RESIDENCY Items must have a name and street address (not post office box):

- | | |
|-----------------------------------|---|
| *Tax Bill Deed | *Bank Statement or Checks |
| *Lease or Letter from Landlord | *License or Vehicle Registration |
| *Pay Stub or Letter from Employer | *Any Other Legal Document with Street Address |
| *Utility Bill/Credit Card Bill | |

"Thank you!" to all participants in the Adult Summer Reading Club
"Escape the Ordinary!" Congratulations to the six weekly raffle winners and to our

Grand Prize KAYAK winner. We went to press too early to include the winner's name in this newsletter, but it will be posted in the library. A

special "Thank you!" to the Friends of the Library for their generous sponsorship of another successful Summer Reading Club!





52 PONQUOGUE AVE., HAMPTON BAYS, N.Y. 11946-0207

TELEPHONE: 631 728-6241 FAX: 631 728-0166

<http://hamptonbayslibrary.org/>

HOURS:

Monday, Tuesday, Wednesday, Thursday 10-9

Friday 10-7

Saturday 10-5

Sunday 1-5

BOARD OF TRUSTEES

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Madeline O'Keefe, Vice President

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Library Board Meeting Dates

Tuesday, September 1, 7:00 p.m.

Tuesday, October 6, 7:00 p.m.

Tuesday, November 3, 7:00 p.m.

IF YOU WOULD LIKE TO SEE THIS NEWSLETTER IN LARGE TYPE PLEASE CALL THE LIBRARY AT 728-6241

Friends "Twice Sold Tales" Book Store

Open all year! Saturdays from 9:00 am-2:00 pm;

please enter from the parking lot.

The Friends' Book Store will have a **Tent Sale** on the lawn of the library on **Saturday, September 5 from 10:00 am-1:00 pm**. We will feature children's books and cookbooks. Get ready for school reading and Fall cooking and baking!

The Friends' tote bags will be available for purchase in the Fall; buy a bag for \$5 and fill it for \$5 dollars! When you return to the Book Store, bring your tote and refill it for \$5 dollars. We have a huge amount of recently donated books so please come and browse.

The Friends' Membership Drive is now in progress. A membership form was included in the last newsletter and additional ones are at the library front desk and in the Book Store. Through your support, the Friends sponsor special programs and projects for the library.

The Friends meet on the fourth Monday of the month; our next meeting dates are: September 28 and October 26 at 5:30 pm at the library. Join us!

Everyone needs Friends, especially the library! It's never too late to send in your membership check to join the Friends of the Hampton Bays Library. Through your support, the Friends sponsor special programs and projects for the Library.

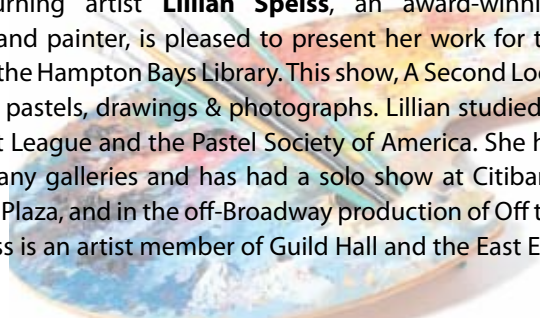


Art on Display

Every month the paintings, photography, sculpture and other creative crafts are displayed in the Helen Gould Room located directly off the main foyer, and in the Lower Lobby display cases. We are pleased to present the following exhibitions:

September: Self-taught artist **Steve Marciw** concentrates his artistic talent on folk art objects and paintings of mostly local scenes, such as the Southampton Yacht Club, Georgica Pond, Shinnecock Hills Golf Club and St. Andrews Dune Church. Steve's paintings are acrylic on wood, but he also paints hand-made sleds which have become collector's items. Steve has shown at Rogers Memorial Library, Quogue Library, Southampton Historical Museum, Guild Hall and various other art shows.

October: Returning artist **Lillian Speiss**, an award-winning photographer and painter, is pleased to present her work for the second time at the Hampton Bays Library. This show, *A Second Look*, consists of oils, pastels, drawings & photographs. Lillian studied at the Art Student League and the Pastel Society of America. She has exhibited in many galleries and has had a solo show at Citibank, United Nations Plaza, and in the off-Broadway production of *Off the Meter*. Ms Speiss is an artist member of Guild Hall and the East End Arts Council.



We welcome inquiries about displaying your work. If you are interested, please contact Nancy Cariello at the circulation desk at 728-6241 x104.