

## HAMPTON BAYS PUBLIC LIBRARY



*bridge to life long learning*



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## A Message from the Director

Once again, the staff has outdone themselves in planning ongoing as well as exciting new seasonal and holiday programs for patrons of all ages and interests. In this season of giving, we offer many opportunities to support others in need: The Children's Room will host the Mitten Tree and will be a drop off spot for Toys for Tots. Teens can volunteer their time at the Southampton Animal Shelter. Our annual "Food for Fines" Food Drive to help stock the local Food Pantry begins on November 15. Information is available at the Circulation desk.

I want to acknowledge the fantastic staff I work with at the library; I frequently hear from patrons how great this library is! Thank you to the Trustees who volunteer their time to help make the library a better place for their community, and particularly to Rosemarie King and Lars Clemensen who will be ending their terms on the Board this December. And last but not least, a great big thanks to the Friends of the Library and book store volunteers. Thank you all!

The Library has received a number of generous gifts and grants over the year which have allowed us to expand our budget for programs and services. One such gift has funded the purchase of six Kindle Paperwhites loaded with best sellers. They will be available to circulate soon. See Reference for information. Please consider including the Library in your financial planning. Contributions from the Friends of the Library through September of more than \$10,000 paid for summer reading clubs and special programs including a new series of after school programs for Tweens. Everyone needs Friends, especially the Library. If you aren't a Friend yet, please consider joining!

The library will be closed on the following days: Thanksgiving Eve, November 25, at 3:00 pm; Thanksgiving Day, November 26; Christmas Eve, December 24; Christmas Day, December 25; New Year's Eve, December 31; and New Year's Day. Emergency closings: in the event of inclement weather please call the library or check the library website for information. You can also get closing information from WLNG 92.1, WALK 97.5 and News12.

I hope a visit to the library is in your weekly plans, but if you just can't get here, there are many free resources and services available 24/7 from our web site at <http://hamptonbayslibrary.org> or go directly to [www.Live-brary.com](http://www.Live-brary.com) to access free downloads of eBooks, audio books, videos and more!

Sincerely,  
Susan LaVista, Library Director



### Mission Statement

*The Hampton Bays Library serves our community by providing educational, cultural and recreational resources for life long learning.*

# News from The Children's Room



## Winter Weekly Programs

The following are our Weeklies for the Winter Session! Program dates are noted below. **Registration for this session begins Tuesday, November 3 and is ongoing through this session. Each child must have his/her own HBPL library card in order to register.**

### Bilingual Listen & Learn (Cuentos con Rosa)

**Mondays, November 9, 16, & 30;  
December 7 & 14; 12:00-12:30 pm**

**Birth – age 5 with adult.** Join Miss Rosa for a bilingual storytime and fun filled learning with flashcards, props and toys.

### Twinkle Twinkle Little Toes

**Tuesdays, November 10 & 17;  
December 1, 8 & 15; 11:30 am-12:30 pm**

**Ages birth and up.** Parents and children birth and up, join Miss Jenn for stories, songs and crafts.

### Gleeful Listen & Play

**Wednesdays, November 11 & 18;  
December 2, 9 & 16; 10:30-11:30 am**

**Birth – age 2 with adult.** Little ones will happily gain early literacy skills listening to stories and develop motor and social skills through playtime and Zen activities too. Grown-ups can take this time to make new friends as well! **No Limit.**

### Mindful Learn & Play

**Thursdays, November 12 & 19;  
December 3, 10 & 17; 11:30 am-1:00 pm**

**Ages 3 – 5, independent.** Transforming learning and play into an art that educates the whole child, this program will instill mindful techniques in pre-schoolers through age-appropriate meditation, yoga and amazing play. Learning opportunities presented through alternative educational philosophies will provide a basis for developing literacy skills, socialization and self-esteem. This program will also serve as an outlet for creativity through nature-inspired art and craft work. In each session children will work on a cumulative art project that will be brought home on the last day: Winter Session – My Jar of Wishing Stars. **Limit of 15 children.**

## Special Announcements

### Our Mitten Tree:

There'll be warm hands on Long Island this winter as a result of the generosity of the Hampton Bays Children's Room kids and families. We are proud to have received such generous donations in the past years! Please bring in new and handmade items such as mittens, gloves, hats, scarves, socks, etc. to hang on our Mitten Tree. We will be donating them to the Church of St. Rosalie and then they will be distributed to less fortunate children and adults.

### Toys For Tots:

The Hampton Bays Public Library is an official Toys For Tots drop location. The mission of the U.S. Marine Corps Reserve program is to collect new, unwrapped toys each year and distribute those toys as holiday gifts to needy children in the community in which the campaign is conducted. The goal is to deliver a message of hope to less fortunate children that will motivate them to grow into responsible, productive, patriotic citizens and community leaders. Please donate and make a child's holiday more joyous.



## Special Programs:

### Tween Time for Grades 5-8!

**Unless otherwise noted, programs start at 3:00 pm**

Check out our awesome tween programs!

- November 3: Let's Watch *Pitch Perfect 2* & Eat Snacks
- November 5: Decorate for Winter: Snow Wolves \*Program starts at 3:30 pm
- November 6: Read to Therapy Dog Lucy
- November 10: Quogue Wildlife Presents "Meet the Animals"
- November 12: Decorate for Winter: Snow Bears \*Program starts at 3:30 pm
- November 17: Tween Zumba with Andrew
- November 19: Book Page Snowflakes
- December 1: Law Enforcement 101
- December 3: Holiday Gifts: Explosion Books
- December 8: Holiday Gifts: Rag Dolls
- December 9: Holiday Gifts: Stuff-A-Stocking for Shelter Pets
- December 10: Sock-Body Snowmen
- December 12: Gingerbread Day! \*Program starts at 1:00 pm
- December 15: Tween Zumba with Andrew
- December 17: Marshmallow Igloos \*Program starts at 4:00 pm
- December 29: Let's Visit the Southampton Animal Shelter  
\*Program starts at 1:00 pm  
Please meet us at the animal shelter & bring a donation for shelter pets.

# Special Programs: (continued)

## Craft Buddies with the Tween Time Kids

**Thursdays, November 5 & 12; 3:30 pm**

**For children grades K - 4.** Younger kids can come join our Tween Time kids to make crafts and help decorate our room for Winter. We will be making Snow Wolves and Snow Bears. **Limit of 20 children. Please register beginning Tuesday, November 3.**



## Owl Drop-n Craft

**Friday, November 6; 3:30 pm**



**For families.** Ms. Vicky will have a table set up with all the supplies needed to make paper bag owls to decorate our room with. Craft a Barn Owl or a Snowy Owl, your choice! **No limit. Please register beginning Tuesday, November 3.**

## Parent/Child Zumbini

**Fridays, November 6, 13, 20 & 27; 10:30-11:15 am**

**For children ages birth to 3 with adult.** Come join licensed Zumbini instructor Jenn for a Mommy & Me music and movement program. Designed to let you and your little ones wiggle, sing and learn together, the Zumbini program is where the science of child development meets the magic of Zumba. **Limit of 20 children. Please register beginning Tuesday, November 3.**



## November Holiday Art Starts

**Wednesday, November 18, 12:00-12:45 pm**

**For children ages 2 to 5 with adult.** Art media with a Thanksgiving theme! **No Limit. Please register beginning Tuesday, November 3.**

## Wet Felted Acorns



**Friday, November 20, 12:00-12:45 pm**

**For children ages 2 to 5 with adult.** Join Rachel of Sweet Woodland Farm to make your own wet felted acorns for Fall. **Limit of 15 children. Please register beginning Tuesday, November 3.**

## Movie: A Charlie Brown Thanksgiving

**Monday, November 23, 3:30 pm**

## Mommy & Me Bootcamp

**Tuesdays, December 1, 8, 15 & 22; 10:30-11:15 am**

**For children ages 2 to 5 with adult.** Prenatal moms, postpartum moms and moms with older kids join us for a great workout with Bootcamp instructor Danielle Almansa! Bring a yoga mat, stroller or carrier and a towel. **Limit of 20 children in each session. Please register beginning Tuesday, November 3.**

## Gingerbread Houses

**Friday, December 11, 5:00-6:00 pm**

**For families.** Create a masterpiece of gingerbread, candy and frosting and make this holiday season memorable! Participants must bring their own half-gallon cardboard milk container; we will supply the rest of the materials. **Limit of 15 families. Please register beginning Tuesday, November 3.**



## All Aboard the Polar Express Story Hour

**Tuesday, December 15, 6:00-6:45 pm**



**For children ages 3 and up.** Join us for the story of the Polar Express by Chris Van Allsburg. Come in your pajamas just like the kids in the book! After the story we'll enjoy some chocolate Hershey's kisses and each child will leave with their very own

silver bell. **Limit of 15 children. Please register beginning Tuesday, November 3.**

## December Holiday Art Starts

**Wednesday, December 16, 12:00-12:45 pm**

**For children ages 2 to 5 with adult.** Art media with a Winter Holiday theme! **No Limit. Please register beginning Tuesday, November 3.**

## Wet Felted Snowmen

**Friday, December 18, 12:00-12:45 pm**

**For children ages 2 to 5 with adult.** Join Rachel of Sweet Woodland Farm to make your own wet felted snowmen for Winter. **Limit of 15 children. Please register beginning Tuesday, November 3.**



## Movie: Home Alone

**Friday, December 18, 3:30 pm**

## Movie: A Charlie Brown Christmas

**Monday, December 21, 3:30 pm**

*Children must have their own Hampton Bays Library card to register for programs; please see the Circulation Desk for details. Children under ten years of age may not be unaccompanied in the Children's Room; they MUST be with an adult.*



*Don't forget to check our Blog regularly for information on upcoming programs, links to great parenting, children's literature & children's craft blogs, book recommendations and pictures from our latest programs!*

*You can also find links to our Pinboards there too! <http://hbaychildroom.blogspot.com/>*

# November and December Events @ The Teen Community Center



**This holiday season is all about giving.** Take some time to make a gift for a friend or family member. Programs include **Holiday Candles**, **LED Wrist Cuffs**, **Ornament Earrings**, **Rag Dolls**, **Snowman Cupcakes**, **Tie-Dyed Ornaments** and more.

See you soon, Theresa and Jackie

To sign up for programs, please call the Teen Community Center at 631-728-6241 ext. 120 or 121. Please note that the Teen Department closes at 6:30 pm on Friday nights. Please make sure you have a ride home before then.

## Animal Lovers Club:

### Southampton Animal Shelter Drive

**Monday, November 2 – Friday, December 18**

In honor of *National Animal Shelter Appreciation Week*, we are doing something special for the Southampton Animal Shelter! Do you want to help the shelter animals feel a little happier and more comfortable while they wait to be adopted? Then drop off any of the following to the **Teen Department**: a new pet toy, Kongs, canned dog or cat food, peanut butter, bird seed, treats for cats or dogs, or a new or gently used blanket or towel!

### Read to Therapy Dog Lucy!

**Friday, November 6 @ 3 pm**

Take turns reading to therapy dog Lucy. Prizes are awarded to all readers.

### Quogue Wildlife Presents "Meet the Animals!"

**Tuesday, November 10 @ 3 pm**

Quogue Wildlife presents "Meet the Animals." This program will include birds, reptiles, and even a chinchilla!

## Tween Time for Grades 5-8!

**Unless otherwise noted, programs start at 3:00 pm**

Check out our awesome tween programs!

November 3: Let's Watch *Pitch Perfect 2* & Eat Snacks

November 5: Decorate for Winter: Snow Wolves

\*Program starts at 3:30 pm

November 6: Read to Therapy Dog Lucy

November 10: Quogue Wildlife Presents "Meet the Animals"

November 12: Decorate for Winter:

Snow Bears

\*Program starts at 3:30 pm

November 17: Tween Zumba with Andrew

November 19: Book Page Snowflakes

December 1: Law Enforcement 101

December 3: Holiday Gifts: Explosion Books

**4 November/December 2015**



### NEW! T-Shirt Toys for Shelter Animals

**Wednesday, December 2 @ 3 pm**

Use recycled T-shirts to make colorful and durable tug toys for dogs in the shelter.



### NEW! Stuff-A-Stocking for Shelter Animals

**Wednesday, December 9 @ 3 pm**

We will fill stockings with toys and treats for shelter cats and dogs.

### A Visit to the Southampton Animal Shelter

**Tuesday, December 29 from 1-2:30 pm**

Join your friendly librarians at the Southampton Animal Shelter as we give out dog biscuits to shelter dogs and play with the cats! Teens will also be paired with younger children to read to shelter animals during this visit! Refreshments will be served at the shelter. **Please bring a small donation with you for the shelter animals.** *Transportation is required to and from the shelter.*

*Please note that you will earn two hours of community service for each Animal Lovers program you attend.*

December 8: Holiday Gifts: Rag Dolls

December 9: Holiday Gifts: Stuff-A-Stocking for Shelter Pets

December 10: Sock-Body Snowmen

December 12: Gingerbread Day!

\*Program starts at 1:00 pm

December 15: Tween Zumba with Andrew

December 17: Marshmallow Igloos

\*Program starts at 4:00 pm

December 29: Let's Visit the Southampton Animal Shelter

\*Program starts at 1:00 pm

Please meet us at the animal shelter & bring a donation for shelter pets.



# Ongoing Programs

## **NEW! Monday Maker Club**

**Mondays,  
November 9 and  
December 14 @ 3 pm**  
Join the Maker Club  
with Abby! Tinker,  
design, and create in  
the library.



## **Monday Gaming**

**Mondays, November 16 and  
December 21 @ 3 pm**  
Enjoy some fun games on our new PS4  
Gaming System!

## **Teen Movie Club**

**Wednesdays, November 18 and  
December 16 @ 4 pm**  
Join Library page &  
movie enthusiast, Ian,  
for this fun program.  
You will create your  
very own movie! Please  
note the program start  
time is 4 pm.



## **5 Hour Pre-Licensing Class**

**Saturday, November 21 OR  
Saturday, December 19 from 10 am-3 pm**  
All Suffolk Auto  
School is coming  
to the library to  
help YOU gain the  
skills you need to  
pass your road test! **Please bring your  
NYS Learner's permit to class along with  
\$45. Cash only.** Please contact the Teen  
Services Dept. to sign up at 728-6241, Ext.  
120 or 121.



# November Programs

## **Super Smash Bros. Tournament**

**Wednesday, November 4 @ 3 pm**  
Fight for glory in the ultimate  
Smash Bros. competition! Face-  
off against friends in this action-  
packed tournament for the chance  
to win some awesome prizes.

**Let's Watch a NEW movie:  
Fast and the Furious 7  
Monday, November 23 @ 3 pm**



Snacks and drinks will be served  
during this action packed movie.

## **Teen Manga Club**

**Friday, November 20 @ 3 pm**  
Join our awesome Manga Club!  
Japanese candy will be served.

## **Minecraft!**

**Friday, November 20 from  
5-6:30 pm**  
Play Minecraft with your friends!  
Please call 631-728-6241 X 120 to  
sign up, as our limit is 12 teens.  
There is a \$5 fee for pizza and  
refreshments.

# December Programs

## **NEW Law Enforcement 101**

**Tuesday, December 1 @ 3 pm**  
Are you interested in a career in law  
enforcement? Learn all about what it takes to  
work as a police officer.



**Holiday Gift Ideas! Give these creative gifts to a family member or a friend for the holidays. Just add a gift tag and give to someone special.**

## **Tie-Dyed Ornaments**

**Friday, December 4 @ 3 pm**  
Create ornaments just in time for the holiday  
season!

## **Ornament Earrings**

**Monday, December 7 @ 3 pm**  
Use glass beads and  
Swarovski crystals to make  
a pair of festive holiday  
earrings.



## **Rag Dolls**

**Tuesday, December 8 @ 3 pm**  
Design your own ragdoll, fairy, or ninja turtle.

## **Holiday Candles**

**Friday, December 11 @ 3 pm**  
Design a winter-themed Mason jar candle for  
the holidays.

## **LED Wrist Cuffs**

**Monday, December 14 @ 3 pm**  
Make an awesome LED bracelet, while  
learning a new skill.

## **Snowman Cupcakes**

**Friday, December 18 @ 3 pm**  
Design a cupcake to look like an adorable  
(and tasty) snowman.



## **Special Holiday Program: Gingerbread Day!**

**Saturday, December 12 @ 1 pm**

This yummy program features gingerbread granola  
breakfast cups, gingerbread caramel corn snacks, and of  
course gingerbread men cookies. Teens will get samples  
of each dish and decorate their own cookies.

# Programs & Events

## Adults

### Special Programs:

**Registration is required for all programs unless otherwise noted. Please register for all Adult Programs beginning Tuesday, October 27 at 10:00 am at the Circulation Desk. Telephone registration begins at 11:30 am. Registration requiring payment must take place in person. For programs during lunchtime, please feel free to bring a brown-bag lunch.**

#### The Art of Fooling: More Than a Magic Show

**Sunday, November 1, 2:00-3:30 pm**



Join magician, author and educator Allan Zola Kronzek for an entertaining afternoon of mystery, history, and trickery devoted to the world's second oldest profession: conjuring. Learn why medieval magicians were feared as sorcerers. Discover why a treatise on witch persecution was the first book to explain magic tricks. Experience magic as it was performed in the markets of ancient Greece and Rome, at an 18<sup>th</sup> century English fair, and on the modern stage.

#### A Salute to Our Hampton Bays Veterans!

**Tuesday, November 10, 12:00 noon-1:00 pm**

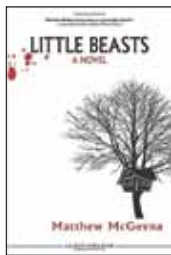
Join us for our 2<sup>nd</sup> Annual "Salute to Our Hampton Bays Veterans!" Every November we celebrate Veteran's Day. Come and meet some of our senior local residents, who are also brave wartime heroes. Hear them share their stories and show us their war-time memorabilia. Be sure to also check out the Veteran's display in the downstairs lobby on loan from The Hampton Bays Historical and Preservation Society! **Lunch will be served.**



#### Meet the Author: Little Beasts by Matthew McGevna

**Saturday, November 21, 12:00 noon-1:00 pm**

In the midsummer heat of July 1983, eight-year-old friends Dallas, James, and Felix spend their days adventuring around their town together. What none of them can guess is that before summer's end, one of the boys will lay dead—murdered by a neighborhood teenager in an instance of bullying that takes a horrible turn. Local author Matthew McGevna astounds with his incisive, moving debut novel. Loosely based on a real crime that took place on Long Island in 1979, *Little Beasts* is a panorama of a poor neighborhood surrounded by the affluent communities of the East End.



#### Thanksgiving: More than a Day in November with Constance Hallinan Lagan

**Tuesday, November 24, 7:00-8:30 pm**

When we remember to be thankful for each of the many little miracles we experience every day, happiness becomes a natural state of being, but first we must stop looking and waiting for the "big" things and pay attention to what is happening all around and within us. This seminar will teach you how to become aware of little miracles and acknowledge and appreciate the precious gifts which life bestows upon you; and then to "re-cycle" those miracles and gifts with others.



#### Herald the Holidays with Less Stress with Constance Hallinan Lagan

**Tuesday, December 8, 7:00-8:30 pm**

With the holidays fast approaching, are you once again "down in the dumps," feeling stressed out from rushing to get everything done, from spending money that you don't have, or from trying to meet everyone else's expectations? Take time out to ask yourself, "What do I want from the holidays this year?" Most people respond with little thought: "To be happy." If you want to put joy back into your life, give yourself a holiday gift by attending this seminar!



#### Winter Holiday Sing-A-Long with Stan Wiest

**Sunday, December 13, 2:00-3:30 pm**

Come and enjoy this wonderful old-fashioned holiday sing-a-long with Long Island pianist and entertainer Stan Wiest! Brighten your holiday with this very enjoyable program, which includes a sing-a-long of popular and old favorite songs. Stan will be playing several selections from his album, *Music to Drive By*, and telling humorous stories of his performances with and for celebrities. Copies of the lyrics will be provided, as well as refreshments for all!



### Crafts

*Registration is not required; no fee unless noted. All levels welcome.*

**Knitting with Arlene**  
**Knitting with Arlene**  
**Mondays, November 16, 23;**  
**December 14, 21;**  
**7:00-8:30 pm**



**Crochet with Amanda**  
**Thursdays, November 5,**  
**19; December 17;**  
**6:00-7:30 pm**

# Bus Trips

**Please note: For the Bus Trips departing from The Church of St. Rosalie's it is requested that you park in the back rows, alongside Bishop Ryan Village.**

## "Do Your Own Thing" Bus Trip to NYC

**Wednesday, November 4 and Wednesday, December 9; Bus leaves St. Rosalie's parking lot at 9:30 am sharp**



The holidays are on their way! What better time than now to shop, see a show, visit a museum, or just *do your own thing*. We will leave Bryant Park (42<sup>nd</sup> St. between 5<sup>th</sup> and 6<sup>th</sup> Avenues) at 6:00 pm sharp. Looking for something to do on the trip? Check out our FREE museum passes available in the Children's Room. **Non-refundable payment of \$25.00 is due at registration.**

## Radio City Christmas Spectacular

**Friday, November 20**

Begin the holiday festivities with a trip to Radio City Music Hall to see the Rockettes®! Enjoy orchestra seating with a complimentary beverage and popcorn to enjoy while watching the show. The McCarneyTours bus departs from St. Rosalie's parking lot at 9:30 am sharp for the 2:00 pm show. We return to Hampton Bays immediately following the show. **Co-sponsored by the Friends of the Hampton Bays Public Library. Non-refundable tickets are \$75.00 each; payment is due at registration.**



# Cooking

**There is a \$7.00 materials fee for all cooking programs due at registration, unless otherwise noted. You must have a ticket to attend and payment is not refundable. Classes begin on time. Please avoid arriving late.**

## Simple Creative's Thanksgiving: The Day Before and the Day After

**Saturday, November 7, 11:30 am-1:00 pm**



Thanksgiving this year will be Simply Creative! Join Chef Rob Scott as he demonstrates how to make roasted pears filled with blue cheese and toasted walnuts, and scallion pancakes with crispy turkey and a cranberry hoisin sauce made with the leftover turkey.

## Simply Creative's Home for the Holidays with Gourmet Hor D'Oeuvres

**Saturday, December 5, 11:30 am-1:00 pm**

Home for the holidays never tasted so good! Join Chef Rob Scott as he prepares shrimp and crab remoulade tea sandwiches, as well as brandied apples with goat cheese on crispy baguettes, and a puff pastry with brie and cranberry relish; all ready for your holiday entertaining!



# Community Outreach

## Living Long Term: Protect Your Quality of Life

**Tuesday, November 10, 7:00-8:00 pm**

Baby boomers are failing to plan! Don't let that be you. Learn how to protect your independence and not be a burden to your loved ones. Hank Ullman, LTCP, will lead this discussion and review all of the long-term care alternatives and updates. Learn about the Partnership Plan offered by New York State that can provide long term care with total asset protection, without the need for impoverishment and dependency on Medicaid.



## Trust Wars: Irrevocable Vs. Revocable Trusts

**Wednesday, November 18, 12:00 noon-1:00 pm**

Join Craig A. Andreoli, PC, for an Elder Law/Estate Planning Seminar that will educate you on the distinctions between Irrevocable Trusts and Revocable Trusts as they relate to long-term health care and estate planning. Find out what these trusts are, when they are used, and how each type of trust can further your long term health care and estate planning goals.



## How are the 2016 Medicare Changes Going to Affect You?

**Thursday, November 12, 7:00-8:00 pm**

If you are 65 and over you may be affected by the new Health Care Reform. It is important to be informed about the changes that have occurred in relation to your Medicare Health Insurance coverage, as well as know the options that are available to you to help reduce your health insurance costs. Join Norma Cardone and Barbara Cochran, Senior Health Insurance Representatives of Senior Services of North America, for this educational seminar that will answer questions and help provide solutions.



**Food for Fines**

*Our Annual  
"Food for Fines"  
Food Drive  
to help stock the local  
Food Pantry  
begins on November 15 and  
continues through December 31.  
All non-perishables will be accepted.*

# Health & Well-Being

## Healthy Kidneys/Healthy You with Dr. Gaylord Hoffert

**Monday, November 16, 11:00 am-12:00 noon**

According to the National Kidney Foundation, over 26 million Americans have chronic kidney disease. Gaylord Hoffert, MD, a board-certified Nephrologist at Southampton Hospital, and the director of the Hospital's Regional Dialysis Center in Hampton Bays, will describe the function of kidneys, the signs and symptoms of failing kidneys, risk factors for disease, and how a diet high in antioxidants, fruits and vegetables, and low in salt and cholesterol, can impact kidney function. Dr. Hoffert will also discuss the latest advances in kidney transplantation.



## Leg Pain: Causes and Cures with Dr. Elie Semaan



**Wednesday, December 2, 12:00 noon-1:00 pm**

Why do your legs hurt? Is the swelling that you get at the end of the day normal? Why do you see a lot of purple discoloring around your knees and ankles? Is this a nerve issue or a vascular one? Join Elie Semaan, MD of NYC Surgical in Hampton

Bays to learn that there are easy simple treatments to resolve most of these leg issues. Most conditions can be diagnosed right in the doctor's office with non-invasive techniques.

## Southampton Hospital's Look Good Feel Better® Program

**Tuesday, December 8, 1:00-3:00 pm**

Look Good Feel Better is a **free program** from the American Cancer Society designed for women dealing with hair loss and skin changes from chemotherapy and radiation. You will learn **specific techniques** to help make the most of your appearance while undergoing treatment. You will also take home a **makeup package** valued at \$200. **Please call the American Cancer Society to register: 1-800-ACS-2345.**



## Ellen's Well Support Group: Women's Breast & Gynecological Cancers

**Every Tuesday\***

**11:30 am: Newly Diagnosed/Post Treatment;**

**2:00 pm: Metastatic/Recurrent**

An initiative established by The Ellen Hermanson Foundation and administered by the Southampton Hospital Foundation to provide psychosocial support, under the direction of an oncological social worker, Edyle O'Brien. **11:30-1:30 pm: Newly diagnosed/Post Treatment; 2:00-4:00 pm: Metastatic/Recurrence.**

**\*Please note:** Every 1<sup>st</sup>, 3<sup>rd</sup>, & 5<sup>th</sup> Tuesday at 4:00 pm is a Wellness Group for mindfulness-based stress reduction & meditation. **You MUST register via email or by phone: edylecsw@optonline.net / 631-329-0520.**



## Ongoing Fitness Classes

*Please dress comfortably and bring a mat or towel to all yoga classes. No registration is required, but there is a **\$7.00 fee payable at the circulation desk before each class unless otherwise noted.** \*We request that you **bring exact amount to help expedite signup.** Thank you in advance.*

### Yoga for Everyone

**Mondays, 5:45-6:45 pm; Wednesdays, 5:45-6:45 pm;**

**Fridays, 5:30-6:30 pm**

Stretch and tone with certified yoga instructor Andrea for fun and light Hatha and Kripalu-inspired classes.

### Core Yoga with Sarah

**Tuesdays, 10:30 am; Thursdays, 5:45-6:45 pm**

This yoga class will help you build strength and increase flexibility; meditation and breath will also be explored. Core Yoga is a dynamic series of poses where breath is linked to movement. The class is moderately paced and set to music, and will invigorate your whole body!

### Dance Fitness (Zumba® and La Blast®) with Kinga

**Tuesdays, 5:45-6:45 pm**

Dance Fitness with Kinga incorporates today's hottest fitness programs, Zumba® and LaBlast® to create a calorie-incinerating workout focused on weight loss and body toning, disguised as a dance party.

### Vinyasa Flow Yoga with Peter Ames

**Wednesdays, 10:30 am-12:00 noon; Saturdays, 10:00-11:30 am**

Peter's class offers advanced stretches and poses. \*Please note: this class is 1½ hours and there is a \$12 fee.

### Zumba Gold

**Wednesdays, 1:30-2:30 pm**

Zumba Gold is the perfect workout routine for the beginner and the older, active person who enjoys music and dance. Please wear sneakers and bring water.

### Gentle Chair Stretching for Everyone

**Thursdays, 1:30-2:30 pm**

Join Susan Semerade for guided stretches, exercises and simple yoga poses, primarily seated in a chair. This fun-filled hour includes breathing exercises, relaxation techniques and meditation. 20 years of teaching yoga has led her to focus on those individuals who are not able to get down onto the floor; she encourages seniors and the disabled to come to her classes.

### Mat Pilates with Trish

**Fridays, 10:30-11:30 am**

Emphasis is on alignment and breathing, and improved coordination and balance. The key to mat Pilates is to focus on breathing. The exercises in mat Pilates focus on strengthening the muscles of the hips, back, abdominals, and glutes.

### Zumba with Amanda

**Fridays, 5:30-6:30 pm**

Join certified instructor Amanda and see what all the fuss is about; every workout feels like a party! You don't even have to know how to dance, just move your body and follow her lead. Please wear sneakers with little or no tread and don't forget your water.





# Literature Groups

## Mystery Book Club

Thursday, November 12 at 11:00 am; there will be no December meeting.



For our November meeting we will read about two elderly female sleuths: **The Unexpected Mrs. Polifax** by Dorothy Gilman and **Deadly Nightshade** by Cynthia Riggs.

## Hampton Bays Library Book Club

Thursday, November 19, 7:00-8:00 pm: **The Invention of Wings** by Sue Monk Kidd.

Join fellow book lovers to discuss works of literature from all genres. All are welcome to our monthly meetings. Light refreshments served. **There will be no December meeting; see you in January!**

## The History Book Club

Thursdays; November 5 & 19; December 3 & 17; 10:00 am

The History Book Club meets on alternate Thursdays at 10:00 am. Contact the library for book or topic selections. All are welcome!

## Monthly Poetry

### with the Poetry Rising Group

Saturday, November 14 & December 12; 1:00-3:00 pm

An informal poetry group facilitated by Beverly Livernoche, which celebrated its 4<sup>th</sup> Anniversary on September 12, meets the second Saturday of each month. Please share your original poems or prose, anything goes! *"Inspiring, aspiring, motivating, fun, moving, and more..."*



## READ IT & EAT IT! Book Club:

Tuesday, December 8, 12:00-1:00 pm

This bi-monthly book club is for foodies who love to read cookbooks AND cook. All are welcome to bring a prepared dish from the chosen topic, and we will enjoy them while we meet.



**This month's topic is "Holiday Delights."**

# Gaming

**No registration is required; please note that all Gaming room assignments are subject to room availability.**

## Bridge

Sundays, Mondays & Wednesdays, 1:00 pm

## Canasta

Mondays, 1:00 pm; Thursdays & Fridays, 10:00 am

## Mah Jongg

Thursdays & Saturdays; 10:00 am

# Fall Films

## Friday Matinee @ the Library @ 2 pm: Movies Made From Short Stories/Novellas!

Coming in November & December: **Secret Life of Walter Mitty** (2014, 114 min; PG) **Hateship Loveship** (2013, 102 min; R) **The Adjustment Bureau** (2011, 106 min; PG-13) **The Curious Case of Benjamin Button** (2009, 165 min; PG-13) **Away From her** (2007, 110 min; PG-13) **The Shawshank Redemption** (1999, 142 min; R) **A Christmas Carol** (2010, 96 min; PG) **All movies start at 2:00 pm. No registration is required.**



**Look for these special library services in every newsletter!**

## Smart Driver Course

Monday, November 2, 9:00 am-3:00 pm

Monday, December 7, 9:00 am-3:00 pm

The Hampton Bays Public Library will be offering a one-day driver safety course. The cost is currently \$20 for AARP cardholders and \$25 for non-cardholders. **Please register at the circulation desk or call 728-6241/press 3 for more info.**

## One-on-One Genealogy Help

Thursdays, November 12 & Thursday, December 10; afternoon appointments at 1:00, 2:00, & 3:00 pm ; evening appointments at 6:00, 7:00, & 8:00 pm

Library patrons who would like help researching their ancestors using online resources including **Ancestry.com** can sign up for a one-hour session with Carol. You will get hints on how to start your research and a list of online resources that you can access at the library or from home. **When you schedule your first session, pick up a "Genealogy Introduction" form to fill out and bring with you when you start.**



## Small Business Counseling (SCORE)

The first and third Tuesdays of the month from 6:00-9:00 pm

A representative from SCORE (Service Corps of Retired Executives) will provide FREE business counseling at the Hampton Bays Library. SCORE business counselors can help you develop effective business plans and create strategies for business growth. **This free service is provided by appointment only; call the circulation desk at 728-6241 to schedule a one-hour appointment.**



## Library Services for the Homebound

Don't let a medical condition stop you from using your library! Have your favorite books, magazines, movies, and more mailed directly to your home. Free home delivery via the U.S. Postal Service is available to district residents who are physically unable to travel to the library due to illness or disability, whether permanent or temporary, or for individuals who are frail and elderly and don't have transportation. **For more information please call Nancy at 728-6241, ext. 104.**

## Talking Books & Large Print at the Library

"Talking Books"—novels, nonfiction, magazines and other recreational reading materials—are produced by the National Library Service for the Blind and Physically Handicapped (NLS); the program is administered by the **Andrew Heiskell Braille & Talking Books Library**. Materials and the machines needed to read them are available for free for library patrons. Talking books are mailed & returned postage-free, so there's never a direct cost to users. If you or someone you know would like to receive these services please call the library at 728-6241 ext 109 for more information. The Andrew Heiskell library can be reached directly at 1-855-697-6975 (toll-free).



## Sección en Español

**¡Ayuda en Español disponible en su Biblioteca!**

**Lunes de 10:00 am a 5:00 pm; martes, miércoles y jueves de 1:00 pm a 9:00 pm, viernes de 10:00 am a 5:00 pm**

Para más información visite nuestro sitio web en español <http://hamptonbayslibrary.org/spanish-outreach/>  
Llame durante estas horas al número 728-6241 ext.112 y pregunte por Vicky Cuccia o marque el numero 1 para dejar un mensaje.

## Grupos de Conversación en Inglés

Nuestro NUEVO horario para las clases de Inglés es el siguiente:

- **Lunes: 1:30-2:30 pm (principiantes)**
- **Martes: 1:30-2:30 pm y 7:30-9:00 pm (principiantes)**
- **Miércoles: 7:30-9:00 pm (principiantes)**
- **Jueves: 7:30-9:00 pm (medio-avanzado)**
- **Viernes: 1:30-2:30 pm (principiantes)**

¿Quiere aprender y practicar inglés en una atmósfera amigable y cómoda? ¡Entonces únase a nuestro grupo de clases de inglés gratis! Para más información llame a Vicky Cuccia 728-6241 ext. 112.



Aprenda un nuevo idioma GRATIS con su tarjeta válida de la Biblioteca Pública de Hampton Bays. Elija entre 80 idiomas que se imparten para 50 lenguas. Pronunciator también ofrece el mayor plan de estudios de ESL en el planeta, con cursos para 50 idiomas distintos al inglés. ¡Busque el enlace de Pronunciator en nuestro sitio web y cree su cuenta Pronunciator hoy!

## LearningExpress Library

Materiales de preparación de pruebas y exámenes de práctica interactivos que le ayudarán a mejorar sus puntuaciones académicas, el servicio civil, militar y de concesión de licencias y certificación de exámenes profesionales, incluyendo TASC, la prueba de sustitución de GED. ¡También Cursos en Español! Todo GRATIS con su tarjeta válida de la Biblioteca Pública de Hampton Bays. Para Recursos en Español (Este Centro ofrece práctica para mejorar las Habilidades Básicas, práctica para el examen de GED o práctica para Ser Ciudadano Estadounidense) por favor use este enlace: <http://www.learningexpresshub.com/recursos-para-hispanohablantes/home>



## ¡Nuevos Servicios Digitales en la Biblioteca!

**¡Gratis con su Tarjeta de la Biblioteca!**



**¡NUEVO!** ESL Básico en línea es un programa de aprendizaje del idioma Inglés que proporciona las herramientas necesarias para mejorar escuchar, hablar, leer y escribir en Inglés. Las lecciones de ESL Básico proveen a los estudiantes con una pronunciación en inglés de calidad y apoyo lingüístico en 19 lenguas.



**Herstory: La Historia de Ella: Un taller de escritura autobiográfica para mujeres hispanohablantes**  
**Miércoles Noviembre 4 y 18 y Miércoles Diciembre 2 y 9; 7:00-8:30 pm**

Unase al Taller de Escritura Herstory, *La historia de ella*, este otoño para escribir su historia y ser parte de un esfuerzo de tomar acción con las historias, romper barreras y silencios, y lograr cambiar mentes, corazones y leyes. Toda mujer es bienvenida, sin importar su edad o nacionalidad, y no necesita tener experiencia con la escritura. Su historia es importante, escríbala y hágala contar! Sandra Dunn, una facilitadora del taller de Herstory llevará a cabo esta clase **sólo en español**. **Este programa está patrocinado por New York State Council of the Arts.**

Aprenda la tecnología, creativa y de negocios que puede utilizar hoy en día; lynda.com ofrece miles de videos tutoriales y cursos en línea por los mejores expertos. Este recurso en línea de alta calificación le ayudará a mantenerse al día de las actualizaciones de software, adquirir habilidades completamente nuevas, cambiar de carrera, promociones de tierras, y explorar nuevos pasatiempos. Busque lynda.com en la página web de la biblioteca!



Acceso inmediato a través de un ordenador o tableta para revistas populares que conoce en un formato digital fácil de leer. Todo lo que necesita es su tarjeta de la biblioteca. *People, Dwell, Esquire, Elle, HGTV, Cosmo, Harper's Bazaar, Oprah* y muchos más! Y descargue la aplicación Flipster para verlas sin conexión en su plataforma de Apple o Android. Busque Flipster en la página web de la biblioteca!

# Technology

Registration for Classes and Book-A-Librarian is limited to Hampton Bays Library cardholders only. Please register for all technology programs beginning Tuesday, October 27 at 10:00 am at the Reference Desk. Registration for all Classes is limited to Hampton Bays Library cardholders.

## Fall Tech Classes

All classes are free; registration is required for classes and is limited to Hampton Bays Library cardholders only.

### Flipster & IndieFlix

**Wednesday, November 4, 10:30 am-12:00 pm**

When you're on-the-go, get instant and easy access to your favorite and most popular digital magazines using Flipster. You also have unlimited access to thousands of streaming movies from around the world with IndieFlix. Sign-up to learn how! **Be sure you have a valid library card and e-mail address before coming to class.**



### Create Clever Cards

**Thursday, November 12, 10:30 am-12:00 pm**

Do you have a special event coming up? Would you like to personalize your holidays this year? Discover how to design your own unique invitations, holiday cards, thank you cards, postcards, etc. We will be using some of the advanced features of Microsoft Word in addition to sharing a few other options to get creative! **Be sure you have a valid library card and e-mail address before coming to class.**



### Introduction to Glassdoor & Indeed

**Thursday, November 19, 10:30 am-12:00 pm**

Join us in discovering two of the world's largest career community and job search sites. Learn how to explore millions of jobs, get detailed company reviews and salary data, and research actual interview questions shared by employees at just about any company. **Be sure you have a valid library card and e-mail address before coming to class.**



### Free Ebook & Audiobook Downloads

**Wednesday, December 9, 10:30 am-12:00 pm**

If you haven't learned how to get FREE Ebook and Audiobook downloads from your library yet, now's your chance! Bring in your device (Kindles, tablets, smart phones, iPads) and we'll help you sign-up, search, navigate, and download via the Overdrive and OneClickDigital apps or in your computer browser via Live-brary. **Be sure you have a valid library card and e-mail address before coming to class.**



### Fun with Flipagram

**Thursday, December 17, 10:30 am-12:00 pm**

Bring your moments and memories to life with Flipagram! By using the app(lication) on your smart phone you can create, discover and share fun short photo-video stories with your own pictures and video clips set to the music you love! **Be sure to BRING YOUR SMART PHONE and e-mail address before coming to class.**



## Tech Labs

**Thursday, November 5; Wednesday, November 18;**

**Thursday, December 3; Wednesday, December 16; 10:30-12:00 pm**

Are you working on a project with pictures, formatting a document, or creating greeting cards, flyers, or business cards? Or maybe you just need a little extra guidance in navigating your device, software, apps, or e-mail. Then these Tech Labs are designed for you! You will get free one-on-one help without the pressure of keeping up with the rest of the class. You choose the topic! **No registration required. First-come, first-served basis. Space is limited.**

## Tutor Tech Help

### Book-a-Librarian

**Mondays at 10:00 am, 11:00 am & 12:00 pm by appointment**

Do you have questions concerning technology? Book a free 45-minute appointment with Rita for one-on-one assistance with your new device or any of the following topics: Basic Computer • Basic Internet • E-mail • Microsoft Word, PowerPoint, Publisher, Excel • Smart phones & tablets • Apps • Digital Cameras & Photo Management • iPad • Kindle • Live-brary Free Downloads • Social Networking . . . and more! *Please note that device repair is not included.* **Appointments are required and are limited to Hampton Bays Library cardholders only.**

### Drop-in Tech Help

**Two evenings per week! Wednesday AND Thursday evenings from 5:00-9:00 pm**

Need quick answers to tricky questions about your tech device (laptop, tablet, reader, phone, camera)? Free tech help is available on **Wednesdays and Thursdays from 5:00-9:00 pm** at the Reference Desk. No appointment is required. Please note that computer repair is not included. **No appointments required; open to all.**

## Library News

**NEW!** Download high-quality popular audiobooks to your portable player with **One Click Digital** via Live-brary! Easy downloads, no frustrating holds on popular titles; use iPhone, iPad, Android and Kindle Fire apps for downloading on-the-go. Need help? Register for the Free Ebook Downloads class on December 9, or take advantage of Tutor Tech Help (see descriptions elsewhere on this page).



### SuffolkWeb email Service Reminder

SuffolkWeb email will end on December 31, 2015. Hampton Bays patrons with an active SuffolkWeb email address (name@suffolk.lib.ny.us) who need help in creating a new free email account should stop by or call the reference desk (728-6241/press 4) for assistance.

### **NEW!** "Puzzle Peace"

Relieve stress; check out a jigsaw puzzle for a 3-week loan. Puzzles are located across from the circulation desk. While you're here, stop by the Reading Room and fit in a missing piece in an open table puzzle. *Puzzle donations are welcome!* *New or gently used, 500 or 1,000 pieces, intact.*



52 PONQUOGUE AVE., HAMPTON BAYS, N.Y. 11946-0207

TELEPHONE: 631 728-6241 FAX: 631 728-0166

<http://hamptonbayslibrary.org/>

**HOURS:**

Monday, Tuesday, Wednesday, Thursday 10-9

Friday 10-7

Saturday 10-5

Sunday 1-5

**BOARD OF TRUSTEES**

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## Library Board Meeting Dates

Tuesday, November 3, 7:00 p.m.

Tuesday, December 1, 7:00 p.m.

Tuesday, January 5, 7:00 p.m.

**IF YOU WOULD LIKE TO SEE THIS NEWSLETTER IN LARGE TYPE PLEASE CALL THE LIBRARY AT 728-6241**

### Friends "Twice Sold Tales" Book Store

*Open all year! Saturdays from 9:00 am-2:00 pm;*

*please enter from the parking lot.*

The Book Store tote special resumed in October. The new purple totes cost \$5.00 each. You may fill it with books for \$5.00. When you return to the Book Store bring the tote and refill it for \$5.00.

We, The Friends, want to thank Anne Liebowitz for offering her time, energy, support and great ideas for all of our events. Anne, you are our Volunteer of the Year!!

Many thanks to Alba Pettas and the girls from the Middle School for making the Labor Day Friends' Book Sale on the Lawn a success.

The Friends meet on the fourth Monday of the month at 5:30 pm. The next meeting is November 28, 2015. All are welcome to attend.

*Everyone needs Friends, especially the library! It's never too late to send in your membership check to join the Friends of the Hampton Bays Library. Through your support, the Friends sponsor special programs and projects for the Library*



Look for The Friends of the Hampton Bays Library on Facebook!



### Art on Display

Every month the paintings, photography, sculpture and other creative crafts are displayed in the Helen Gould Room located directly off the main foyer, and in the Lower Lobby display cases. We are pleased to present the following exhibitions:

**November: Homegrown: an exhibit of six local artists** whose artwork has been influenced by growing up in and around Hampton Bays. Curated by artist Carolyn Munaco, exhibitors are: Mc / multiple mediums; Bedford / painting; Christine Bernoth / painting; Alex Goetzfried / photography; and Chris Rempe / photography. A closing celebration will be held Friday, November 13 from 5:30-7:00 pm in the Helen Gould Room.

**December:** Expressions of beauty, serenity and the unexpected drive the work of photographer **Janis Hurley**, who has been capturing images for 50 years. Nature and animals are two of her favorite subjects. This show includes photos from local sites and some from her trips abroad to England and Botswana.

**Be sure to also check out the Veteran's display in the downstairs lobby on loan from the Hampton Bays Historical and Preservation Society!**

*We welcome inquiries about displaying your work. If you are interested, please contact Nancy Cariello at the circulation desk at 728-6241 x104.*