

# HAMPTON BAYS PUBLIC LIBRARY



*bridge to life long learning*



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## A Message from the Director

Every year is an exciting *New Year* at the Hampton Bays Library! Read on to learn more; you'll see many new programs for all ages as well as popular and ongoing ones. Thanks to the generous support of the Friends of the Library, we will now be offering afterschool programs for students most weekdays. The Reference Dept is circulating six new Kindle Paperwhites, loaded with best sellers! Stop at the reference desk for more information. Did you know that the library provides delivery of materials to home-bound patrons? Call the circulation desk at 728-6241 for more information.

On Thursday, February 4 from 2-4:30 pm, Southampton Animal Shelter presents "Senior Shelter Pet Day @ the Library!" This program is for all ages and features animal-themed face painting, crafts, balloon art and snacks. Who knows? You may even adopt your new senior pet that day! Patrons will also learn about how to foster a shelter animal.

Patrons have commented that there are times when the library parking lot is full. In case you haven't noticed, the No-Parking signs in front of the library on Ponquogue have been removed and patrons may now use that area for library parking.

On behalf of the Board of Trustees, I'd like to acknowledge and thank Rosemarie King and Lars Clemensen for their years of service to the library as trustees. We would also like to welcome two new trustees; Anthony Filorimo and Hilary Rose, who will begin their terms on January 1, 2016.

You may have read in recent news that the library will be pursuing a referendum for a new building. As new information becomes available it will be posted in the library and on the library website at [Hamptonbayslibrary.org](http://Hamptonbayslibrary.org). Dates for upcoming public meetings will be announced there as well as in local papers.

If there is a program or service that you would like to see offered at the library, please fill out a card and drop it in the suggestion box across from the circulation desk. We appreciate your feedback.

Sincerely,  
Susan LaVista, Library Director



### Mission Statement

*The Hampton Bays Library serves our community by providing educational, cultural and recreational resources for life long learning.*

# News from The Children's Room



## Mid-Winter Weekly Programs

The following are our Weeklies for the Mid-Winter Session! Program dates are noted below. **Registration for this session begins Tuesday, January 5 and is ongoing through this session. Each child must have his/her own HBPL library card in order to register.**

### Bilingual Listen & Learn (Cuentos con Rosa)

**Mondays, January 25 & February 1, 8, 22 & 29;**

**12:00-12:30 pm**

**Birth – age 5 with adult.** Join Miss Rosa for a bilingual storytime and fun filled learning with flashcards, props and toys.

### Twinkle Twinkle Little Toes

**Tuesdays, January 19, 26 & February 2, 9 & 16;**

**11:30 am-12:30 pm**

**Ages birth and up.** Parents and children birth and up, join Miss Jenn for stories, songs and crafts.

### Gleeful Listen & Play

**Wednesdays, January 20, 27 & February 3, 10 & 17;**

**10:30-11:30 am**

**Birth – age 2 with adult.** Little ones will happily gain early literacy skills listening to stories and develop motor and social skills through playtime and Zen activities too. Grown-ups can take this time to make new friends as well! **No Limit.**

### Mindful Learn & Play

**Thursdays, January 21, 28 & February 4, 11 & 18;**

**11:30 am-1:00 pm**

**Ages 3 – 5, independent.** Transforming learning and play into an art that educates the whole child, this program will instill mindful techniques in pre-schoolers through age-appropriate meditation, yoga and amazing play. Learning opportunities presented through alternative educational philosophies will provide a basis for developing literacy skills, socialization and self-esteem. This program will also serve as an outlet for creativity through nature-inspired art and craft work. In this session we will focus on polar bears and other Arctic animals – Where do they live? How do they stay warm? Why are they white? We will make Polar Bear Bath Bombs, Coconut Polar Bears & Polar Bear Crowns. We will even have Arctic Slime sensory play & a special delivery from the Arctic! **Limit of 15 children.**



### New Tween Time Info:

In the morning this room belongs to parents, caregivers, their babies and young children. The afternoon belongs to kids in grades 4, 5 and 6 . . . with as many kids downstairs in the YA department for grades 7 and up. With numbers increasing after school, it has become clear that it is time for the traditional idea of a kid's room in a library to evolve. In light of this, and since we have always been open to progressive ideas, we have been thinking about how we can better serve this community need. Four days a week (with the exception of school vacations) we will offer something for the after-school kids to do. We ask that the rules and code of conduct from school be respectfully carried over into the library and we reserve the right to add or subtract students from programs based on behavior.

### Tween Time for Grades 4, 5 & 6!

#### Program notes:

- TEDx and Soul Pancake are educational, inspirational and socially responsible videos. We will watch, discuss & maybe plan how we can become involved in important issues.
- The "Challenges" will be a blast! Some involve food so let us know about allergies please.
- In the Tournaments we will be playing Pictionary, Sorry, Candy Land, Scrabble & other classics.
- The movies will be chosen the day of.
- Turntable Ed (ucation) & Tween Advisory Board – records are back! If you (or your parents) are a vinyl fan bring your own to share or you can choose from mine. We will listen while you discuss what you would like to see in your Kid's Room in the future. These ideas will be written up and shared with the Library Board when considering future changes to the building.



*Children must have their own Hampton Bays Library card to register for programs; please see the Circulation Desk for details.  
Children under ten years of age may not be unaccompanied in the Children's Room; they MUST be with an adult.*

*Don't forget to check our Blog regularly for information on upcoming programs, links to great parenting, children's literature & children's craft blogs, book recommendations and pictures from our latest programs!*

*You can also find links to our Pinboards there too! <http://hbaychildroom.blogspot.com/>*

## Tween Time for Grades 4, 5 & 6! (continued)

Unless otherwise noted, programs start @ 3:30 pm

Check out our awesome tween programs!

### January dates:

- 5: TEDx Talk Video or Soul Pancake Video & Discussion
- 6: Face the Cookie Challenge
- 7: Craft – Bird Feeders
- 8: Old School Game Tournament
- 12: TEDx Talk Video or Soul Pancake Video & Discussion
- 13: Stack Attack Challenge
- 14: Craft – Marshmallow Wreath
- 15: Old School Game Tournament
- 19: TEDx Talk Video or Soul Pancake Video & Discussion
- 20: Pizza & Movie
- 21: Craft – Dog Biscuits for SH Animal Shelter
- 22: Old School Game Tournament
- 26: TEDx Talk Video or Soul Pancake Video & Discussion
- 27: Turntable Ed & Tween Advisory Board
- 28: Craft – Penguin Pals
- 29: Old School Game Tournament

### February dates:

- 2: TEDx Talk Video or Soul Pancake Video & Discussion
- 3: Nose Dive Challenge
- 4: Senior Shelter Pet Day @ the Library! (begins @ 2:00 pm)
- 5: Old School Game Tournament
- 9: TEDx Talk Video or Soul Pancake Video & Discussion
- 10: Pizza & Movie
- 11: Craft – Valentine's Chocolate Covered Pretzels
- 12: Old School Game Tournament
- 23: TEDx Talk Video or Soul Pancake Video & Discussion
- 24: Turntable Ed & Tween Advisory Board
- 25: Craft – Love Monster
- 26: Old School Game Tournament

## Special Programs:

### The Winter Train Story & Craft with Rosa / Tren de Invierno Cuento y Manualidad con Rosa

**Monday, January 11, 12:00 pm**  
**For children ages 3 and up with adult.** Join Miss Rosa for this wonderful Winter Story and then make your own train! **Limit of 20 children. Please register beginning Tuesday, January 5.**



### Craft Buddies with the Tween Time Kids

**Thursdays, January 28 & February 25; 3:30 pm**  
**For children grades K - 4.** Younger kids can come join our Tween Time kids to make these cool crafts. Penguin Pals in January and Love Monsters in February. **Limit of 20 children. Please register beginning Tuesday, January 5.**



**Parent/Child Zumbini**  
**Fridays, January 8, 15, 22 & 29; 10:30-11:15 am**  
**For children ages birth to 3 with adult.** Come join licensed Zumbini instructor Jenn for a Mommy & Me music and movement program. Designed to let you and your little ones wiggle, sing and learn together, the Zumbini program is where the science of child development meets the magic of Zumba. **Limit of 20 children. Please register beginning Tuesday, January 5.**

### Miss Sari's Kitchen

**Thursdays, January 14 & February 25; 12:30 pm**  
**For children 3 and up with adult.** Cowgirl and cowboy cookies in a jar in January and heart shaped, fresh raspberry and strawberry filled linzer cookies in February. **Limit of 20 children. Please register beginning Tuesday, January 5.**



### Senior Shelter Pet Day @ the Library!

**Thursday, February 4; 2:00 – 4:30 pm**  
**For families.** This program features animal-themed face painting, crafts, balloon art and snacks. Who knows? You may even adopt your new senior pet that day! Patrons will also learn about how to foster a shelter animal. **No limit. Please register beginning Tuesday, January 5.**



### A Visit to Southampton Animal Shelter

**Thursday, February 18, 1:00 pm**  
**For families.** Want to have fun AND help animals during your winter break? Meet us

at the shelter where we will be giving out dog biscuits to shelter dogs and playing with the cats. Transportation to and from the shelter is required from a parent or guardian. **No limit. Please register beginning Tuesday, January 5.**

# January and February Events @ The Teen Community Center



To sign up for programs, please call the Teen Community Center @ 631-728-6241 ext. 120 or 121.  
Unless otherwise noted, programs are for teens in grades 7-12.

A HUGE thank you goes out to all of our wonderful teens, tweens, library patrons, staff, family and friends! Together, you helped us raise over **\$3,300** for the Southampton Animal Shelter!! Our Teen Department also received the 2015 Top Fundraiser Award. We would like to thank the following businesses for their generous donations towards our Shelter Benefit: The American Museum of Natural History, E Day Salon and Spa, Edgewater Restaurant, Friendly's, Gators, Long Island Aquarium, Moe's and Skidmore's Sports.



## Animal Lovers Club:

### Animal Shelter Crate Drive & more!

**Monday, January 4–Friday, February 26**

The Southampton Animal Shelter and Unchained NY are in need of new or used dog crates in good condition. They also need large dog breed flea and tick medication, collars, leashes, litter boxes, pet toys, canned dog or cat food, Kongs, peanut butter, treats, and new or gently used blankets and towels. Donated items will be distributed to both the Southampton Animal Shelter and Unchained NY. **For every item you donate, you will be entered into a raffle to win a \$25 Visa gift card!**

## Read to Therapy Dog Lucy!

**Friday, January 8 and February 5 @ 3 pm**

Teens, here is your chance to give back to your community as you take turns reading to a therapy dog.

## Southampton Animal Shelter Presents "Senior Shelter Pet Day @ the Library!"



**Thursday, February 4 from 2-4:30 pm**

It's Senior Shelter Pet Day at the library! This program features animal-themed face painting, crafts, balloon art and snacks. Who knows? You may even adopt your new senior pet that day! Patrons will also learn about how to foster a shelter animal. **All ages are welcome to attend.**

## A Visit to the

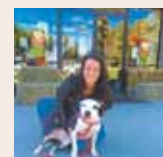
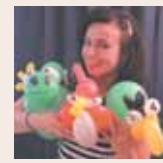
### Southampton Animal Shelter

**Thursday, February 18 from 1-2:30 pm**

Want to have fun AND help animals during your winter break? Meet us as at the shelter where we will be giving out dog biscuits to shelter dogs and playing with the cats! **Transportation to and from the shelter is required from a parent or guardian.**

## Spotlight on our **NEW!** Programmer Thoroughly Modern Lilly

Thoroughly Modern Lilly, a.k.a. Lilly Hayes, is an accomplished balloon artist and face painter based in NY. She takes balloons to a new level, creating complex, multi-balloon sculptures of superheroes, animals and more. Lilly's balloons have been spotted in London, Prague, Budapest and even at the White House 4th of July celebration! As a face painter, Lilly creates striking full faces and detailed cheek art designs. **Check her out at Senior dog Day on Thursday, February 4.**



## TEEN TALK...

Each newsletter we will be asking teens questions and featuring them in our "Teen Talk" section. One lucky winner will even win a gift card for taking part!

### What is your favorite library program and why?

"I love to watch movies at the library. They are nice and relaxing."  
Francisco Luna, grade 8.

"I really love the cooking programs at the library!"  
Mariana Sarria, grade 8.

"The Old School Video Game program is the best."



Playing classic video games are cool. Also, I won a Nintendo shirt when I attended."

Nick Terry, grade 9.

### What is the best part about being a teen?

"I like the responsibility that it gives me. You know what they say, 'with great power comes great responsibility.'" Joey Panetta, grade 11.

"You get to learn many things throughout your life. You also get to meet people."

Diego Vilar, grade 8.

### What is your least favorite part about being a teen?

"I have to be responsible ALL of the time!"  
Nick Terry, grade 9.

"You have to work, go to college and pay rent." Charlie Ochoa Rojano, grade 8.

# Ongoing Programs

## Monday Maker Club with Abby

**Mondays, January 11 and February 8**

**@ 3 pm**

Join the Maker Club with Abby! Tinker, design, and create in the library.

## Minecraft Night

**Fridays, January 15 and February 12**

**from 5-6:30 pm**

Play Minecraft with your friends for two hours! There is a \$5 fee for pizza and refreshments.

## 5-Hour Pre-Licensing Class

**Saturday, January 16 OR February 20**

**from 10 am-3 pm**

Please bring your NYS Learner's permit to class along with \$45 in cash.

## Teen Movie Club with Ian

**Thursdays, January 21 and February 25**

**@ 4 pm**

In this fun program, you will create your very own movie as a group.

## Monday Gaming with Jocelyn

**Mondays, January 25 and February 22**

**@ 3 pm**

Play some fun video games with your friends after school.

## Manga Club with Ian

**Friday, January 29 @ 3 pm**

Watch Manga-themed movies, discuss your favorite Manga books, and eat Japanese candy.

# January Programs

## **NEW!** Kitchen Chemistry with the Science Wizard

**Tuesday, January 5 @ 3 pm**

Learn all about kitchen chemical reactions and repeat these fun experiments at home.

## **Make an Instagram Picture Frame with Dana**

**Wednesday, January 6 @ 3 pm**

Create an Instagram wood frame with a bit of paint and creativity.

## **Super Smash Bros. Tournament**

**Wednesday, January 13 @ 3 pm**



Fight for glory in the ultimate Smash Bros. competition for the chance to win some awesome prizes. *Pablo was the winner of the November Smash Bros. Tournament!*

## **NEW!** Make Your Own Dandelion Lip Balm

**Tuesday, January 19 @ 3 pm**

Learn about the Dandelion plant and then make your own organic chapstick and label.

## **Let's Watch Ant Man!**

**Friday, January 22 @ 3 pm**

Snacks will be served during this awesome movie.

## **NEW!** Bobby Pin Earrings with Jackie

**Tuesday, January 26 @ 3 pm**

Make these daringly dangled Bohemian earrings with bobby pins and paint.

# February Programs

## **Name That Tune with Theresa**

**Wednesday, February 3 @ 3 pm**

Name that Tune to win a \$15.00 i-Tunes gift card.

## **NEW!** Imagine That! Presents Cast It!

**Tuesday, February 9 @ 3 pm**

Make a life-like cast of your hand using plaster gauze.

## **SAT and ACT Prep Class**

**Informational Meeting takes place on Tuesday, February 9 at 7 pm**

Join us for a 9-week

SAT and ACT prep class on Tuesdays in March and April from 6:30-8:30 pm.

With over 20 years of experience in test prep teaching and tutoring on both coasts, instructor Carolann Di Pirro brings energy, enthusiasm, and a highly personalized approach. It is being offered at the special rate of \$545 for Hampton Bays students.



## **NEW!** Imagine That! Presents Solar Prints

**Wednesday, February 10 @ 3 pm**

Make your own picture using only light.

## **NEW!** Make a Shattered Heart Necklace with Jackie

**Thursday, February 11**

**@ 3 pm**

Use crackle nail polish and heart-shaped domes to make this edgy piece of jewelry.



## **NEW!** Cupcake Decorating with Sari

**Wednesday, February 24 @ 3 pm**

Take part in the art of cupcake decorating and have some treats! Yum!

## **NEW!** Teen Terrariums with Laurie

**Friday, February 26 @ 3 pm**

Create your very own "terr-fairy-um" complete with a gnome and a fairy. You will also learn about plants and play a fun game.

## **Spotlight on our NEW! Program: Shark Tank for Teens**

**Monday, February 29 from 3-5 pm**

Teens, enter the Tank if you dare! You will break into groups and come up with an original business idea. You will also learn how to come up with a business plan as well as presentation skills. Prizes will be given out to the winning team.

## **Save the Date! "Paint Night-n-Pizza" for Teens & Parents.**

**Wednesday, March 9 from 6-8:30 pm**

Teens and parents can attend our very first **Paint Night** & eat pizza together! The cost will be \$25, which admits one teen and one parent. The price includes art, pizza and soft drinks. You will both walk away with an awesome 11X14 canvas with your own beautiful beach scene. This program is limited to 40 patrons. Sign up begins Monday, January 4.

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# Programs & Events

## Adults

### Special Programs:

Registration is required for all programs unless otherwise noted. Please register for all Adult Programs beginning Monday, December 28 at 10:00 am at the Circulation Desk. Telephone registration begins at 11:30 am. For programs during lunchtime, please feel free to bring a brown-bag lunch.

#### Start the New Year with a New Attitude with Constance Hallinan Lagan



**Tuesday, January 12, 7:00-8:30 pm**

How we live – and, most importantly, enjoy – our life depends upon how we view the events we experience and the relationships we develop. Since the New Year is traditionally a period of renewal and resolution, there is no better time to commit to living optimistically than right now. This seminar opens the window on optimistic thinking for those who have yet to experience the joy of a life lived positively, and encourages those who are already actively attempting to “stamp out” negativity, to continue their quest.

#### FDR: An American Icon & Champion of the Common Man

**Saturday, January 16, 12:00 noon-1:30 pm**

Join Dr. Martin H. Levinson-author, lecturer, and historian- in this presentation on FDR. FDR, considered by many scholars to be the most gifted American statesman of the twentieth century, rescued the country from economic collapse and led it to victory in the greatest war of all times. A champion of the common man, he instituted social security and a range of social welfare programs that put America back to work after The Great Depression.



#### “Name That Tune” with Theresa Owens

**Tuesday, January 19, 12:00 noon-1:30 pm**

Think that you know it all when it comes to music? This program, back by popular demand, will test your knowledge of music from the 1950's, 1960's and 1970's. Can you guess the song and artist? Are you great at music trivia? Join our own Theresa Owens, Head of YA Services, for a fun-filled afternoon, where the winning team will receive prizes for correctly guessing songs, bands and music trivia!

#### How to Talk to Your Teenage Daughter

**Saturday, January 23, 12:00 noon-1:00 pm**

This lecture led by Zoe Dimele, LCSW will focus on missing the relationship that you once had with your daughter, the fear of losing control as well as having a sense of guilt, failure, confusion and frustration. Zoe will teach mothers to also identify with their daughters; communicating in a way that expresses their understanding of what it is like to be a teenager from their own experiences. Q&A to follow.



#### Adult Coloring Night

**Tuesday, January 26, 6:30-8:30 pm**

Come and enjoy a fun night coloring in pages created by artist and teacher Pam Varacek. Pam will do a brief demonstration before each student receives 10 pages to color within the 2 hours. You are welcome to bring home all pages, whether completed or not. Supplies will be provided, such as markers, crayons, and colored pencils. Don't miss this latest craze! **There is a \$10.00 fee due at registration. Space is limited.**

#### The Hampton Theatre Company Presents Dead Accounts Dinner/Theater Package

**Thursday, January 28, 5:00 pm: Dinner at 1 North Steakhouse; 7:00 pm: Showtime at Quogue Community Hall**

Enjoy a wonderful meal in the company of friends at 1 North Steakhouse in Hampton Bays, followed by the Hampton Theatre Company's production of *Dead Accounts*, Theresa Rebeck's timely new comedy that takes on greed and skewed ideas about morality when a quirky financier, who has done a little too well in New York, comes home to surprise his family in the heartland. **Cost is \$58.00; includes a three-course dinner, tip, and theater ticket. Payment due at registration.**



#### Eddie & Jean Costello's Trash or Treasure

**ANTIQUES ROADSHOW \*Free Appraisals & Lecture Saturday, January 30, 1:00-3:00 pm**



Back by popular demand! Do you have something that is old, unusual, and even bizarre? How many times have you thought that maybe it has some value, or may even be very valuable? Then this is the program for you. Your treasure might even win you an award for “most unique antique or collectible” of the show! \*Free appraisal of any ONE item. No coins, bills or stamps. **You MUST register for this event. Limited registration.**

#### The Essence of Chinese Traditional Culture with Dr. Haiding Mo

**Monday, February 8, 7:00-8:00 pm,**

This presentation, led by Dr. Haiding Mo, PhD, Physics, will feature an insightful introduction to the foundation of traditional Chinese culture and values while exploring aspects of China's 5,000 year history. Learn about the different dynasties, Chinese martial arts, Tai Chi, Chinese dance, medicine, music and much more!



# Special Programs: (continued)



## Pre-Job Fair Workshop with Richard Gluck

**Thursday, February 11, 7:00-8:30 pm**

If you plan to attend the **Suffolk County Department of Labor (SCDOL) Job Fair** at HBPL in March (see pg 9, "Save the Date") you will need to be prepared beyond simply updating and printing copies of your resume. Career coach Richard Gluck will cover the following topics and more: how to introduce yourself, prepare a job fair strategy, research the participating companies/organizations, use LinkedIn to "follow" thought leaders, draft business cards, and follow-up with recruiters. **An opportunity to make an appointment for a FREE one-on-one session with Richard will be available for Hampton Bays patrons only at this workshop.**

## Cooking

**There is a \$7.00 materials fee for all cooking programs due at registration, unless otherwise noted. You must have a ticket to attend and payment is not refundable. Classes begin on time. Please avoid arriving late.**

### Creative Winter Brunch with Simply Creative's Chef Rob Scott

**Saturday, January 9, 11:00 am-12:30 pm**



A creative winter brunch will be on your table, after you taste Chef Rob's delicious spinach and Muenster pie! Enjoy this dish



along with a cinnamon raisin Panini with roasted apples, brie and pecans. Wash it all down with a refreshing banana cream pie drink!

### Valentines Dinner with Simply Creative's Chef Rob Scott

**Friday, February 12, 5:00-6:30 pm**

Flowers and candy and hearts...oh my! Warm up this Valentine's Day with chicken corn chowder, along with a chopped apple and spinach salad, tossed with toasted walnuts and pomegranate vinaigrette. Then, satisfy your sweet tooth with Chef Rob's white chocolate covered strawberries coated with citrus sugar!



## Community Outreach

### NAMI: FAMILY-TO-FAMILY MENTAL HEALTH EDUCATION PROGRAM

**Thursdays, January 7, 14, 21, 28; February 4, 18, 25; March 3, 10, 17, 24, 31; 6:00-8:30 pm**

The National Alliance on Mental Illness (NAMI) offers a free support program for family members, partners and friends of individuals with mental illness. The program is a 12-week course taught by trained NAMI members who have lived the experience. **Classes fill up quickly and registration and approval is required with NAMI Teachers. Please call Ellen at 631-728-3082 or Carole at 516-524-0515 to register.**



### Retirement Reality with Richard Gluck

**Wednesdays, January 13; February 10; 11:00 am-12:00 noon**

At this new monthly program, led by retirement coach Richard Gluck, meet with fellow retirees to share your thoughts and ideas about all aspects of retirement. Richard will lead discussions on from how to spend your days, to the virtues of volunteering, to discussions about housing, health, exercise, family, and finances.



### Blood Drive

**Monday, February 22, 1:00-7:00 pm**

Anyone between the ages of 16 and 75, in good health, and weighing at least 110 lbs. can donate. Age 16 must have signed parent-permission form available at the front desk. Healthy patrons 76 and older need physician's note two weeks prior to blood drive. Walk-ins will be accepted, but registration is preferred.

### Healthy H2O in Your Home Seminar

**Monday, February 29, 7:00-8:00 pm**

Environmental Wellness Consultant Judith Stanton, of Stanton Healthcare Group and Innovative Wellness 360, will discuss transforming your household drinking water into a nutrient rich source of hydration via state-of-the-art technology. Learn how to protect your family and yourself, in the one place that you can-your home.



### College Planning Seminar

**Monday, January 11; 7:00-8:00 pm**



Saving for college tuition, whether for a child, a grandchild, or even a family friend, doesn't have to be difficult. A recent Sallie Mae study, "How America Saves

for College," revealed that nearly all parents believe college is an important investment in their child's future, but only one-third of them have an actual plan for how to pay for college. Don't let that be you! Join Geraldine Spinella, AWMA, who will explore the various ways of saving for college to help you stay on the right side of those statistics.

## Self-Hypnosis & Stress Management Series

**Tuesdays; January 5, 12, 26; 1:00-2:30 pm**

Got STRESS? Need RELIEF? Learn the science of self-hypnosis and how to use your head to “keep calm amidst the chaos!” Learn tools for stress management, self-hypnosis and stress reduction. *Come prepared to...RELAX!* This series is presented by Linda



Statam, B.A.C.H. of Hamptons Hypnosis Stress Management Services.

## Know Your Numbers:

### Cardiac Health Awareness for Women

**Tuesday, February 2,  
11:00 am-12:00 noon**

Know your numbers for heart health! Join Peggy Kraus, RCEP, CDE of Southampton Hospital's Cardiac Rehabilitation Department, to learn how you can prevent heart disease by making simple changes to your lifestyle. Peggy will explain the latest recommendations for getting the most from your exercise routine, proper levels for blood sugar, cholesterol, and blood pressure, plus other important tips for keeping your “ticker” healthy.



## Southampton Hospital's Look Good Feel Better® Program

**Tuesday, February 9, 1:00-3:00 pm**

Look Good Feel Better is a **free program** from the American Cancer Society designed for women dealing with hair loss and skin changes from chemotherapy and radiation. You will learn **specific techniques** to help make the most of your appearance while undergoing treatment. You will also take home a **makeup package** valued at \$200. **Please call the American Cancer Society to register: 1-800-ACS-2345.**

## Ellen's Well Support Group:

### Women's Breast & Gynecological Cancers

**Every Tuesday\* 11:30 am: Newly Diagnosed/Post Treatment;  
2:00 pm: Metastatic/Recurrent**

An initiative established by the Ellen Hermanson Foundation and administered by the Southampton Hospital Foundation to provide psychosocial support, under the direction of an oncological social worker, Edyle O'Brien. **11:30-1:30 pm: Newly diagnosed/Post Treatment; 2:00-4:00 pm: Metastatic/Recurrence.** \*Please note: Every first, third, and fifth Tuesday of the month at 4:00 pm is a Wellness Group for mindfulness-based stress reduction & meditation. **You MUST register via email or by phone: edylecsw@optonline.net / 631-329-0520.**



## Ongoing Fitness Classes

*Please dress comfortably and bring a mat or towel to all yoga classes. No registration is required, but there is a \$7.00 fee payable at the circulation desk before each class unless otherwise noted.\* We request that you bring exact amount to help expedite signup. Thank you in advance.*

### Yoga for Everyone

**Mondays, 5:45-6:45 pm; Wednesdays, 5:45-6:45 pm; Fridays, 5:30-6:30 pm**

Stretch and tone with certified yoga instructor Andrea for fun and light Hatha and Kripalu-inspired classes.

### Core Yoga with Sarah

**Tuesdays, 10:30 am**

This yoga class will help you build strength and increase flexibility; meditation and breath will also be explored. Core Yoga is a dynamic series of poses where breath is linked to movement. The class is moderately paced and set to music, and will invigorate your whole body!

### Dance Fitness (Zumba® and La Blast®) with Kinga

**Tuesdays, 5:45-6:45 pm**

Dance Fitness with Kinga incorporates today's hottest fitness programs, Zumba® and LaBlast®, to create a calorie-incinerating workout focused on weight loss and body toning, disguised as a dance party.

### Vinyasa Flow Yoga with Peter Ames

**Saturdays, 10:00-11:30 am**

Peter's class offers advanced stretches and poses. \*Please note: **this class is 1 1/2 hours and there is a \$12 fee.**

### Gentle Chair Stretching for Everyone

**Thursdays, 1:30-2:30 pm**

Join Susan Semerade for guided stretches, exercises and simple yoga poses, primarily seated in a chair. This fun-filled hour includes breathing exercises, relaxation techniques and meditation. 20 years of teaching yoga has led her to focus on those individuals who are not able to get down onto the floor; she encourages seniors and the disabled to come to her classes.

### Mat Pilates with Trish

**Fridays, 10:30-11:30 am**

Emphasis is on alignment and breathing, and improved coordination and balance. The key to mat Pilates is to focus on breathing. The exercises in mat Pilates focus on strengthening the muscles of the hips, back, abdominals, and glutes.

### Zumba with Amanda

**Fridays, 5:30-6:30 pm**

Join certified instructor Amanda and see what all the fuss is about; every workout feels like a party! You don't even have to know how to dance, just move your body and follow her lead. Please wear sneakers with little or no tread and don't forget your water.





# Crafts

Registration is required; no fee unless noted. All levels welcome.

## Irene's Hand-Painted Rose Buds on Wine Glasses

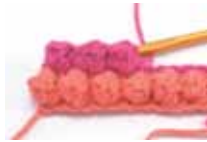
Saturday, February 6, 1:00-3:30 pm

Learn to paint 2 large wine glasses with beautiful red rose buds, vines and leaves to take home with you. Irene will demonstrate step-by-step instructions. No experience needed! **\$15.00 materials fee due at registration.**



## Knitting with Arlene

Mondays, January 11, 25; February 8, 29; 7:00-8:30 pm



## Crochet with Amanda

Mondays, January 4, February 1; 7:00-8:30 pm  
**\*Please note day and time change.**

# Literature Groups

No registration is required.

## Mystery Book Club

Thursday, January 14 & February 11; 11:00 am-12 noon



Our January books are *Wicked Autumn* by G.M. Malliet, about an English vicar, and *The Body in the Belfry* by Katherine Hall Page, about a caterer and wife of a Massachusetts vicar. Our February books are *The Cat Who Ate Danish Modern* by Lilian Jackson Braun, about a journalist, and *The Alpine Pursuit* by Mary Daheim, about a newspaper owner.

## Hampton Bays Library Book Club

Thursday, January 21, 7:00-8:00 pm: *Flight Behavior* by Barbara Kingsolver

Thursday, February 18, 7:00 pm: *Day After Night* by Anita Diamant

Join fellow book lovers to discuss works of literature from all genres. All are welcome to our monthly meetings. Light refreshments served.

## The History Book Club

Alternate Thursdays; 10:00 am

The History Book Club meets every other Thursday at 10:00 am. Contact the library for date and book/topic selections. All are welcome!

## Monthly Poetry with the Poetry Rising Group

Saturday, January 9 & February 13; 1:00-3:00 pm

An informal poetry group facilitated by Beverly Livernoche, which celebrated its 4th Anniversary on September 12, meets the second Saturday of each month. Please share your original poems or prose, anything goes! *"Inspiring, aspiring, motivating, fun, moving, and more..."*

## READ IT & EAT IT! Book Club:

Tuesday, February 9, 12:00-1:00 pm

This bi-monthly book club is for foodies who love to read cookbooks AND cook. All are welcome to bring a prepared dish from the chosen topic, and we will enjoy them while we meet.

**This month's topic is "Be My Valentine."**



# Winter Films

## Friday Matinee @ the Library @ 2 pm: Top-Rated 2015 Releases!

Coming in January and February: *San Andreas* (114 min; PG-13) *Age of Adaline* (113 min; PG-13) *Furious 7* (138 min; PG-13) *Mr. Holmes* (105 min; PG) *Cinderella* (105 min; PG)

*Jurassic World* (125 min; PG-13) *I'll See You in My Dreams* (97 min; PG-13) *Mission Impossible: Rogue Nation* (131 min; PG-13)

All movies start at 2:00 pm. No registration is required.

# Gaming

No registration is required; please note that all Gaming room assignments are subject to room availability.

## Bridge

Sundays, Mondays & Wednesdays, 1:00 pm

## Canasta

Mondays, 1:00 pm; Thursdays, 10:00 am

## Mah Jongg

Thursdays, 10:00 am

**Save the date: Job Fair coming to HBPL on March 11!**

## Suffolk County Department of Labor (SCDOL) Job Fair

Friday, March 11 from 10:00 am-1:00 pm

Meet with company representatives from different industries.

No pre-registration required, just bring your resume and dress to impress! If

you are in need of proper interview attire, please contact Career Couture at 631-853-6769.



## Before the Job Fair...

## Pre-Job Fair Workshop with Richard Gluck

Thursday, February 11, 7:00-8:30 pm

If you plan to attend the SCDOL Job Fair you will need to be prepared beyond simply updating and printing copies of your resume. **See full Workshop description on pg 7 and register today!**

## Literacy Suffolk Training: Tutors Wanted

February 1, 3, 8, 22 10:00 am-1:00 pm (Snow day February 24)

This 12-hour workshop prepares volunteer tutors to help adult students improve their ability to understand, speak, read, and write basic English. For more information, or to register, visit

www.LiteracySuffolk.org or call 631-286-1649.



Look for these special library services in every newsletter!

### Smart Driver Course

Monday, January 4, 9:00 am-3:30 pm

Monday, February 1, 9:00 am-3:30 pm

The Hampton Bays Public Library will be offering a one-day driver safety course. The cost is currently \$20 for AARP cardholders and \$25 for non-cardholders. Please register at the circulation desk or call 728-6241/press 3 for more info.

### One-on-One Genealogy Help

Thursdays, January 14 & 28; February 11 & 25; afternoon appointments at 1:00, 2:00, & 3:00 pm ; evening appointments at 6:00, 7:00, & 8:00 pm

Library patrons who would like help researching their ancestors using online resources including **Ancestry.com** can sign up for a one-hour session with Carol. You will get hints on how to start your research and a list of online resources that you can access at

the library or from home. **When you schedule your first session, pick up a "Genealogy Introduction" form to fill out and bring with you when you start.**



### Small Business Counseling (SCORE)

The first and third Tuesdays of the month from 6:00-9:00 pm

A representative from SCORE (Service Corps of Retired Executives) will provide FREE business counseling at the Hampton Bays Library. SCORE business counselors can help you develop effective business plans and create strategies for business growth. **This free service is provided by appointment only; call the circulation desk at 728-6241 to schedule a one-hour appointment.**



### Library Services for the Homebound

Don't let a medical condition stop you from using your library! Have your favorite books, magazines, movies, and more mailed directly to your home. Free home delivery via the U.S. Postal Service is available to district residents who are physically unable to travel to the library due to illness or disability, whether permanent or temporary, or for individuals who are frail and elderly and don't have transportation. **For more information please call Nancy at 728-6241, ext. 104.**

## Sección en Español

**¡Ayuda en Español disponible en su Biblioteca!**

**Lunes de 10:00 am a 5:00 pm; martes, miércoles y jueves de 1:00 pm a 9:00 pm, viernes de 10:00 am a 5:00 pm**

Para más información visite nuestro sitio web en español <http://hamptonbayslibrary.org/spanish-outreach/> Llame durante estas horas al número 728-6241 ext.112 y pregunte por Vicky Cuccia o marque el numero 1 para dejar un mensaje.

### Grupos de Conversación en Inglés

Nuestro NUEVO horario para las clases de Inglés es el siguiente:

- **Lunes: 1:30-2:30 pm (principiantes)**
- **Martes: 1:30-2:30 pm y 7:30-9:00 pm (principiantes)**
- **Miércoles: 7:30-9:00 pm (principiantes)**
- **Jueves: 7:30-9:00 pm (medio-avanzado)**
- **Viernes: 1:30-2:30 pm (principiantes)**

¿Quiere aprender y practicar inglés en una atmósfera amigable y cómoda? ¡Entonces únase a nuestro grupo de clases de inglés gratis! Para más información llame a Vicky Cuccia 728-6241 ext. 112.



### Herstory: La Historia de Ella: Un taller de escritura autobiográfica para mujeres hispanohablantes

**Miércoles Enero 13, 20, 27 y Miércoles Febrero 3, 10, 24; 7:00-8:30 pm**

Unase al Taller de Escritura Herstory, *La historia de ella*, este otoño para escribir su historia y ser parte de un esfuerzo de tomar acción con las historias, romper barreras y silencios, y lograr cambiar mentes, corazones y leyes. Toda mujer es bienvenida, sin importar su edad o nacionalidad, y no necesita tener experiencia con la escritura. Su historia es importante, escríbala y hágala contar! Sandra Dunn, una facilitadora del taller de Herstory llevará a cabo esta clase sólo en español. **Este programa está patrocinado por New York State Council of the Arts.**



Aprenda un nuevo idioma GRATIS con su tarjeta válida de la Biblioteca Pública de Hampton Bays. Elija entre 80 idiomas que se imparten para 50 lenguas. Pronunciator también ofrece el mayor plan de estudios de ESL en el planeta, con cursos para 50 idiomas distintos al inglés. ¡Busque el enlace de Pronunciator en nuestro sitio web y cree su cuenta Pronunciator hoy!

**pronunciator:**

**¡NUEVO!** ESL Básico en línea es un programa de aprendizaje del idioma Inglés que proporciona las herramientas necesarias para mejorar escuchar, hablar, leer y escribir en Inglés. Las lecciones de ESL Básico proveen a los estudiantes con una pronunciación en inglés de calidad y apoyo lingüístico en 19 lenguas.



### LearningExpress Library

Materiales de preparación de pruebas y exámenes de práctica interactivos que le ayudarán a mejorar sus puntuaciones académicas, el servicio civil, militar y de concesión de licencias y certificación de exámenes profesionales, incluyendo TASC, la prueba de sustitución de GED. ¡También Cursos en Español! Todo GRATIS con su tarjeta válida de la Biblioteca Pública de Hampton Bays. Para Recursos en Español (Este Centro ofrece práctica para mejorar las Habilidades Básicas, práctica para el examen de GED o práctica para Ser Ciudadano Estadounidense) por favor use este enlace: <http://www.learningexpresshub.com/recursos-para-hispanohablantes/home>



# Technology

Registration for Classes and Book-A-Librarian is limited to Hampton Bays Library cardholders only. Please register for all technology programs beginning Monday, December 28 at 10:00 am at the Reference Desk. Registration for all Classes is limited to Hampton Bays Library cardholders.

## Daytime Technology Classes

All classes are free; registration is required for classes and is limited to Hampton Bays Library cardholders only.

### Learn To Video Chat

Wednesday, January 13, 10:30 am-12:00 pm



Want to keep in touch with family and friends that have moved away or while on vacation? Would you like to see how big your grandchildren are getting even though you can't visit with them? Join us to learn how to use Skype and ooVoo as two options to visually see and virtually interact with loved ones! **Be sure you have a valid library card and e-mail address before coming to class.**

### Making Mini-Movies

Thursday, January 21, 10:30 am-12:00 pm



Not sure what to do with your numerous pictures and video clips from the holidays with friends and family? What about from a recent trip or adventure? We'll show you how to explore the option of the Kizoa video maker to use as an innovative, fun and creative way to take your pics and video clips and turn them into fun and beautiful movies or slideshows to share with the ones you love! **Be sure you have a valid library card and e-mail address before coming to class.**

### Create Clever Cards

Wednesday, February 10, 10:30 am-12:00 pm



Do you have a special event coming up? Would you like to personalize your holidays this year? Discover how to design your own unique invitations, holiday cards, thank you cards, postcards, etc. We will be using some of the advanced features of Microsoft Word in addition to sharing a few other options to get creative! **Be sure you have a valid library card and e-mail address before coming to class.**

### Design Business Cards

Thursday, February 18, 10:30 am-12:00 pm

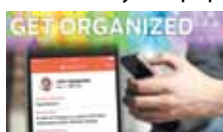


Do you need a more professional way to present and promote your own business? Having a creative and distinct business card will help set you apart from your competition and conveniently give potential customers your contact information. Sign-up for this class and learn how to design your own sophisticated business cards! **Be sure you have a valid library card and e-mail address before coming to class.**

### Get Organized!

Thursday, February 25, 10:30 am-12:00 pm

Here's your opportunity to use today's technology to help your life get a little more organized and clutter free! Join us to learn how to use some handy everyday applications on your devices in order to organize your schedule, shopping lists, to-do lists, reminders, recipes and more! Throw away the papers and post-its that you never use, can never find, or forget to bring with you to the store. **BE SURE TO BRING YOUR SMART PHONE OR TABLET and valid e-mail address before coming to class.**



### Tech Labs

Thursday, January 14; Wednesday, January 20;  
Thursday, February 11; Wednesday, February 17;  
10:30 am-12:00 pm

Are you working on a project with pictures, formatting a document, or creating greeting cards, flyers, or business cards? Or maybe you just need a little extra guidance in navigating your device, software, apps, or e-mail. Then these Tech Labs are designed for you! You will get free one-on-one help without the pressure of keeping up with the rest of the class. You choose the topic! **No registration required. First-come, first-served basis. Space is limited.**

## Tutor Tech Help

### Book-a-Librarian

Mondays at 10:00 am, 11:00 am & 12:00 pm by appointment

Do you have questions concerning technology? Book a free 45-minute appointment with Rita for one-on-one assistance with your new device or any of the following topics: Basic Computer • Basic Internet • E-mail • Microsoft Word, PowerPoint, Publisher, Excel • Smart phones & tablets • Apps • Digital Cameras & Photo Management • iPad • Kindle • Live-brary Free Downloads • Social Networking . . . and more! *Please note that device repair is not included.* **Appointments are required and are limited to Hampton Bays Library cardholders only.**

### Drop-in Tech Help

Two evenings per week! Wednesday AND Thursday evenings  
from 5:00-9:00 pm

Need quick answers to tricky questions about your tech device (laptop, tablet, reader, phone, camera)? Free tech help is available on **Wednesdays and Thursdays from 5:00-9:00 pm** at the Reference Desk. No appointment is required. Please note that computer repair is not included. **No appointments required; open to all.**

## Library News

### Check out a Kindle Paperwhite tablet!

Tired of "waiting your turn" to read the latest bestsellers by popular authors? Check out a Kindle Paperwhite today!\* We are circulating six tablets, each now loaded with 16 high-demand fiction and nonfiction titles; new books will be added continuously. So stop by the Ref Desk to check out/check in a Kindle, or call 728-6241/press 4 for more info. \*3-week loan period for adult Hampton Bays patrons in good standing; a signed borrowing policy is required for check out.



### New audiobook download product: OneClick Digital

Download high-quality popular audiobooks to your portable player with **One Click Digital** via Live-brary! Easy downloads, no frustrating holds on popular titles; use iPhone, iPad, Android and Kindle Fire apps for downloading on-the-go. Need help? Take advantage of Book-a-Librarian or Drop-in Tech Help; see the "Tutor Tech Help" section for more info.



52 PONQUOGUE AVE., HAMPTON BAYS, N.Y. 11946-0207

TELEPHONE: 631 728-6241 FAX: 631 728-0166

<http://hamptonbayslibrary.org/>

**HOURS:**

Monday, Tuesday, Wednesday, Thursday 10-9

Friday 10-7

Saturday 10-5

Sunday 1-5

**BOARD OF TRUSTEES**

- Madeline O'Keefe, President
- David Zimmerman, Vice President
- Regina Carpenter, Treasurer
- Trustee: Grace Daly
- Trustee: Anthony Filorimo
- Trustee: Hilary Rose
- Trustee: Anne Wilding
- Susan LaVista, Director



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## Library Board Meeting Dates

Tuesday, January 5, 7:00 p.m.

Tuesday, February 2, 7:00 p.m.

Tuesday, March 1, 2016, 7:00 p.m.

**IF YOU WOULD LIKE TO SEE THIS NEWSLETTER IN  
LARGE TYPE PLEASE CALL THE LIBRARY AT 728-6241**

### Friends "Twice Sold Tales" Book Store

*Open all year! Saturdays from 9:00 am-2:00 pm;*

*please enter from the parking lot.*

The Friends meet on the fourth Monday of the month at 5:30 pm. The next meeting is on January 25, 2016. All are welcome to attend.

We are pleased to announce the names of the Board of The Friends of the Library for the 2016-2017 term:

- |                                   |                                      |
|-----------------------------------|--------------------------------------|
| Sandra Howell, President          | Elaine Curry, Recording Secretary    |
| Jennifer Phillips, Vice-President | Carol Mitchell, Membership Secretary |

Nancy Hilbert, former Treasurer is leaving in order to spend more time with her family. Our best wishes to her. The Board of the Friends has an opening for the position of Treasurer. All interested applicants should leave their name and phone number with Nancy at the circulation desk. As a Friends Board Member you would be part of an active, innovative group of library volunteers. Please consider joining us!

### SAVE THE DATE! July 21, 2016

*The Friends will sponsor the Second Annual Author's Luncheon at Oakland's Restaurant.*

*Everyone needs Friends, especially the library! It's never too late to send in your membership check to join the Friends of the Hampton Bays Library. Through your support, the Friends sponsor special programs and projects for the Library.*



Look for The Friends of the Hampton Bays Library on Facebook!



### Art on Display

Every month the paintings, photography, sculpture and other creative crafts are displayed in the Helen Gould Room located directly off the main foyer, and in the Lower Lobby display cases. We are pleased to present the following exhibitions:

**January:** Local Photographer **Peter Mastropolo** will display photographs of local scenes highlighting Hampton Bays. These will include beach scenes, cornfields, sunsets, marshland and inlet scenes. Peter has been photographing the local area for many years. Many of his photographs have been displayed locally.

**February:** In February, we will display a collection of acrylic paintings and pastels by Southampton resident **Bonnie Ruben**. They are mostly of her favorite subjects: animals and interiors, which she often combines. The works are light-hearted and humorous. Be sure to bring your children to see this show, they will enjoy it as well!

*We welcome inquiries about displaying your work. If you are interested, please contact Nancy Cariello at the circulation desk at 728-6241 x104.*